

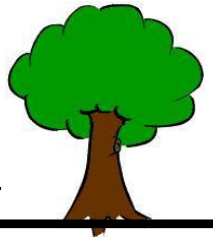


THE FAMILY TREE

A Publication of the Family Growth Center

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News from the Infant and Toddler Room

MARCH!! Yes, we are actually in the third month of 2021! I am struggling to believe it as well. I thought perhaps we would be in session by now and being able to see our little children and families. However, since that is not the case, we will continue to serve you the best we possibly can. This month, the weather is looking to be a bit brighter and not quite as snowy. I LOVE snow, so I will be sad to see it go, however, I enjoy looking out the window and seeing the beautiful sun. If you are able, get outside and take a walk with your family. Fresh air is so good for every person, young and older. While on your walk, talk to each other, point out things you are seeing, such as the grass peeking out from under the snow, or the birds that are starting to come out from under their cover. I even saw two little red squirrels this morning. Ask your children to tell you what they see and let them tell you everything even if it seems odd. Let them talk and you can ask open ended questions to expand the conversation. An example is: "I see the sidewalk," (says the child) and you could ask "what do we use the sidewalk for?" and see where the conversation takes you. Have fun!! As usual, **IF THERE IS ANYTHING, WE CAN DO TO HELP YOU, please feel free to email me at angelabunker@childandfamily.org and let me know.** We miss all of you and look forward to hearing from you.

-Angela Bunker, Infant Toddler Teacher

News from the Preschool Room

We have almost made it through winter. Spring is right around the corner! Warmer days and more sunshine are ahead. I am so looking forward to the days to come, can you tell? I am ready to get out of the house and truly enjoy the fresh air and time outside. I am sure you can understand. Along with Spring, March is reading month. Let's get reading! Make this month all about books and what books offer to us. Beyond teaching us books expand our imagination, transport us to other universes and realms, provide a laugh, offer us new perspectives, comfort us through words and so much more. Starting early through reading with children and getting them engaged and excited about books sets the child up for success. One way to engage children and get them excited to read is to make a book worm. Start by cutting out a paper circle and have the child decorate it with a face for the book worm then for each book you read together throughout the month add an additional circle with the name of the book, author and illustrator written on it. Make the circles with your child and talk about the information on it to continue to support the child's learning of the parts of books and how they are created.

How long of a book worm can you grow by the end of March? Share with us pictures of your growing book worms on our Facebook page or tag us! All book worms submitted by March 31, 2021 by 11:59 pm will be entered into a drawing to WIN a \$25 Meijer gift card!

- Beth Corcoran, Preschool Teacher

NEWS FROM THE DIRECTOR >>>

March is here. Loving the sunshine ☺!! We all miss being with you. We have appreciated seeing on FGC's Facebook page your likes, comments, and sometimes photos of your children doing the activities the teachers have sent. Send us some pictures of the children's art work!! Our lunch distribution is still on Thursdays at 11:00 AM for our enrolled families. Please reach out to us if you are in need. We are here to help. The weekly mailings and now emails will keep coming so we can stay connected ☺. Enjoy and have fun!! Take care of yourselves. Miss you LOTS!!

- Kathy Kelly, Director kathykelly@childandfamily.org or my cell #517 648-4245.

What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**.

For more information on childcare call (517) 371-1347.

Week 1 March 3, 2021	Week 1 March 4, 2021	Week 2 March 10, 2021	Week 2 March 11, 2021
Protein: Black Beans & Milk Fruit & Vegetable: Tropical Fruit & Avocado Grain: Rice	Protein: String Cheese & Milk Fruit & Vegetable: Cuties Clementine & Red Peppers Grain: Whole Wheat Crackers	Protein: Turkey Hot Dogs & Milk Fruit & Vegetable: Apple & Cauliflower Grain: Whole Wheat Bun	Protein: Tuna & Milk Fruit & Vegetable: Pears & Pickles Grain: Whole Wheat Bread
Week 3 March 17, 2021	Week 3 March 18, 2021	Week 4 March 24, 2021	Week 4 March 25, 2021
Protein: Hardboiled Egg & Milk Fruit & Vegetable: Banana & Carrots Grain: Whole Wheat Cereal	Protein: Cheese Cubes & Milk Fruit & Vegetable: Peaches & Cucumber Grain: Whole Grain Corn Bread	Protein: Chicken in Can & Milk Fruit & Vegetable: Raisins & Brussel Sprouts Grain: Whole Wheat Tortilla	Protein: Turkey Sausage & Milk Fruit & Vegetable: Mangoes & Kale Grain: Whole Wheat Rolls

Prepared by Staff ☺

Menu is subject to change.

This Institution is an equal opportunity provider and employer.

