



# THE FAMILY TREE

A Publication of the Family Growth Center

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## **News from the Infant and Toddler Room**

I cannot believe it is September!! Well, this year has thrown us for a loop that is for sure. Our reopen date is still unknown but I am hoping it will be soon. We are trying our best to come up with ideas to be of value to our families. We have plans in the works to have a get together with parents and children in person to just check in and see everyone. More to come on that. **We would like to hear from you to see if there are any additional needs, (resources, diapers, wipes, food, ideas, conversations, etc.) we can provide for you at this time. Please feel free to email me at [angelabunker@childandfamily.org](mailto:angelabunker@childandfamily.org) and let me know what we can do for you.** Hopefully it will not be that much longer before we can see each other again in person and provide a much needed "respite" child care session for your children. We miss all of you and look forward to hearing from you.

- Angela Bunker, Infant Toddler Teacher

## **News from the Preschool Room**

Many of you are experiencing another shift to life during this trying and uncertain time, back to school. However, that looks for you, it is a shift in what back to school has looked like in the past. There are many unknowns and questions, just know that you are doing the best you can and that this is new for everyone. It is ok if you make mistakes, forget how to do something or miss a meeting. Give yourself grace and forgiveness, as well as, others. Please know that we are always here for you, even if you think that we may not be able to be a support for something other than your children directly. We have a wealth of resources, reach out, we just may be able to support you directly or be able to connect you with someone who can. We are a team open to support the whole family and that goes beyond just meeting the needs of your children. We are here for you, the parents/caregivers, too. Reach out to us via phone, email, FB or stopping by on Thursday mornings from 10:45 am- 11:20am. Let us know how we can support you. We want to continue to be a part of your team, we miss you and care about you all

- Beth Corcoran, Preschool Teacher

## **NEWS FROM THE DIRECTOR >>>**

It's September!!! Thank you for making comments on the Family Growth Center's Facebook page- your likes, comments, and sometimes photos of your children doing the activities the teachers have sent, have been inspiring. We all miss being with you. The mailings will keep coming so we can stay connected. We will let you know when the Family Growth Center will open 😊. We hope all families are doing well and staying safe. Our lunch distribution will still be on Thursdays at 11:00 for any of our enrolled families. We will get through this pandemic!! Please reach out to us if you are in need. We are here to help. Take care of yourselves. Miss you LOTS!!

- Kathy Kelly, Director [kathykelly@childandfamily.org](mailto:kathykelly@childandfamily.org) or my cell #517 648-4245.

## **What is the Family Growth Center?**

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**.

For more information on childcare call (517) 371-1347.

<b>Week 1 September 2, 2020</b>	<b>Week 1 September 3, 2020</b>	<b>Week 2 September 9, 2020</b>	<b>Week 2 September 10, 2020</b>
<b>Protein:</b> Cottage Cheese & Milk <b>Fruit &amp; Vegetable:</b> Watermelon & Green Beans <b>Grain:</b> Whole Wheat Cereal	<b>Protein:</b> Cream Cheese & Milk <b>Fruit &amp; Vegetable:</b> Grapes & Yellow Pepper <b>Grain:</b> Whole Grain Bagels	<b>Protein:</b> Breakfast Chicken Sausage & Milk <b>Fruit &amp; Vegetable:</b> Raspberries & Broccoli <b>Grain:</b> Whole Grain Oatmeal	<b>Protein:</b> Tuna & Milk <b>Fruit &amp; Vegetable:</b> Pears & Beets <b>Grain:</b> Whole Grain Pita Bread
<b>Week 3 September 16, 2020</b>	<b>Week 3 September 17, 2020</b>	<b>Week 4 September 23, 2020</b>	<b>Week 4 September 24, 2020</b>
<b>Protein:</b> Smoked Turkey Sausage & Milk <b>Fruit &amp; Vegetable:</b> Blueberries & Brussel Sprouts <b>Grain:</b> Whole Grain Bun	<b>Protein:</b> Sliced Turkey & Milk <b>Fruit &amp; Vegetable:</b> Watermelon & Eggplant <b>Grain:</b> Whole Wheat Crackers	<b>Protein:</b> Dino Chicken Nuggets & Milk <b>Fruit &amp; Vegetable:</b> Grapes & Carrots <b>Grain:</b> Whole Grain Rice	<b>Protein:</b> Shredded Cheddar Cheese & Milk <b>Fruit &amp; Vegetable:</b> Apples & Peas <b>Grain:</b> Whole Grain Noodles
<b>Week 5 September 29, 2020</b>	<b>Week 5 September 30, 2020</b>		
<b>Protein:</b> Deli Chicken Meat & Milk <b>Fruit &amp; Vegetable:</b> Pineapple & Cucumbers <b>Grain:</b> Whole Grain Crackers	<b>Protein:</b> Strawberry Yogurt & Milk <b>Fruit and Vegetable:</b> Strawberries & Celery <b>Grain:</b> WG Cereal		

Prepared by Staff ☺  
 Menu is subject to change.  
 This Institution is an equal opportunity provider and employer.

