

## All ages activity:

Wash the dishes: As an adult, I know, you're thinking this isn't fun! I have to do this



everyday and it is a chore! Well, for young children this activity is awesome! Children love to imitate adults and practice doing what they see. Beyond the kids getting to do a fun activity they are doing sensory play with the water, small motor skills with gripping, and moving the items around, opening and closing containers, as well as, engaging in language and using their imagination.

### Items needed:

- \*Plastic tub, bathtub, sink, storage container- whatever you are comfortable using for the water
- \*Drop of bubbles or bath soap (optional)
- \*Clean dishes, plastic play food, plastic recycling

### What to do:

Fill the tub with water, add soap and dishes and follow the lead of the child.

This activity can be done outside or in an area that is splash friendly!

## Infant/ Toddler Activity

### Items needed:

Whisk

Small pom- poms or cotton balls

### What to do:

Fill the whisk with the pom- poms and then give to the child. Let the children explore it and see what they come up with and how they use it.

### Prompts to support the child:

- Narrate what they are doing with the whisk and the pom- poms
- Ask open ended questions, such as, what colors do you see? What do you think we can do with this? Where can we put the pom poms? How many pom poms are there?
- Repeat what the child is doing. Example: The child pulls a pom pom out of the whisk, you do the same.



## Preschool Activity

### What you need:

Pudding/ whipped cream/shaving cream- whatever you choose to use  
Clean table/ cookie sheet / cake pan/ large plate

### What to do:

Put a blob of chosen material down on the chosen spot.

Allow the child to explore and move it around.

### Prompts to support the child:

- Narrate what they are doing with their fingers and what they are making
- Ask open ended questions, such as, What do you think we can do with this? What can you make in the pudding? How many letters can you make in the pudding? What are you thinking while you make this? What does this feel like? How does it smell?
- Repeat what the child is doing. Example: The child uses their finger to draw swirls really fast, you do the same.

