Ingham County
Community Resource Guide

Resources assembled by:

McLaren
PHYSICIAN PARTNERS

September 2019
Available at http://www.mclaren.org/mclaren-physician-partners/resources.aspx
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ADULT AGING SERVICES

Crisis Services for the Elderly …… (517) 483-7205
Meals-On-Wheels …………………….. (517) 887-1460
Tri County Office on Aging ………… (517) 887-1440
Lansing, MI

Adult Day Services

Comfort Keepers……………………………………. (517) 321-4010
Lansing, MI
Home Instead Senior Care…………… (517) 333-0610
East Lansing, MI
Mareck Family & Geriatric Services
……………………………………….. (517) 866-3707
Okemos, MI

Adult Foster Care

Bedford House……………………………………. (517) 580-8243
Lansing, MI
Belmonte Circle …………………………………… (517) 349-6975
East Lansing, MI
Blessed Home……………………………………. (517) 4023952
Lansing, MI
Blessed Manor LLC………………… (517) 267-0976
Lansing, MI
Blessed Manor LLC 2………………… (517) 484-5576
Lansing, MI
Bridges Crisis Unit……………………………… (517) 346-8415
Lansing, MI
Brookdale Meridian………………….. (517) 381-8700
Haslett, MI
Burcham Hills Retirement Center . (517) 351-8377
East Lansing, MI
Carolyn’s Care Home …………………….. (517) 589-9118
Leslie, MI
CBI Rehabilitation Services, Inc. … (517) 886-5629
Lansing, MI
Cedar Woods…………………………………… (517) 655-3935
Williamston, MI
Hope Network…………………………………… (517) 332-1616
East Lansing, MI
Country Creek AFC ……………………. (517) 676-1070
Mason, MI
Craft Care Home …………………… (517) 676-1558
Mason, MI

FOR EMERGENCY SERVICES CALL………………911

Children & Adult Protective Services
………………………………………………..(855) 444-3911
Common Ground Crisis Line ………..(800) 231-1127
DHS-Abuse and
Neglect……………………………………..(855) 444-3911
Domestic & Sexual Violence
Helpline………………………………………(800) 799-7233
EVE………………………………………………(517) 372-5572
Lansing, MI
HAVEN Crisis Line ……………………………………(877) 922-1274
Mason Domestic Violence Support
Unit (DVSU) …………………………………… (517) 676-8285
MSU Safe Place……………………………………..(517) 355-1100
Lansing, MI
National Suicide Prevention
Lifeline……………………………………….(800) 273-8255
Crisis Hotline…………………………..https://13reasonswhy.info
Crisis Hotline Text REASON to 741741
Siren Eaton Shelter ………………………………(517) 543-0748
Charlotte, MI

Ingham County Community Resources September 2019
Crafts Care Homes (517) 694-3873
Holt, MI

Crosaires, Inc. (517) 898-1715
Williamston, MI

Dansville Country Care (517) 623-0119
Dansville, MI

Divine Manor (517) 763-2213
East Lansing, MI

Turning Leaf (517) 393-5203
Lansing, MI

Dorris’ Daily Living AFC (517) 393-0652
Lansing, MI

East Oak Residents Home (517) 676-2788
Mason, MI

Elder Ridge Manor (517) 851-7501
Stockbridge, MI

Grandhaven Living Center (517) 485-5966
Lansing, MI

Green Acres Mason (517) 676-1484
Mason, MI

Harmony Living (517) 214-5251
Lansing, MI

Prestige Way (517) 694-2020
Holt, MI

Alzheimer’s & Dementia Support

Alzheimer’s Association (800) 272-3900

Assisted Living

Bickford of Okemos (517) 706-0300
Lansing, MI

Brighter Horizons (517) 643-2073
Lansing, MI

Colonial Woods (517) 484-1044
Lansing, MI

Covington Woods (517) 327-7700
Lansing, MI

Evergreen Place (517) 482-4045
Lansing, MI

Grandhaven Manor (517) 372-4499
Lansing, MI

Great Lakes Christian Homes Inc. (517) 694-3700
Holt, MI

Heritage Village (517) 694-6564
Holt, MI

Holt Senior Care & Rehab (517) 694-2144

Bickford of West Lansing (517) 321-3391
Lansing, MI

Morgan Home Care (517) 484-5694
Lansing, MI

Vista Springs Edgewood (517) 393-7777
Lansing, MI

Vista Springs Timber Ridge (517) 339-2322
East Lansing, MI

ANIMAL SUPPORT

Animal Control Department (517) 676-8370

Animal Shelters

Capital Area Humane Society (517) 626-6060

DISABILITY RESOURCES

Bureau of Services for the Blind Persons (800) 292-4200

Vocational Rehabilitation

Disability Network Capital Area (517) 999-2760

Michigan Alliance for Families (800) 552-4821

Michigan Career & Technical Institute (877) 901-7360

Michigan Commission for the Blind (800) 292-4200

Vocational Rehabilitation

Michigan Division on Deaf and Hard of Hearing (313) 437-7035

EDUCATION & TRAINING

Adult Programs

Lansing Adult Education (517) 755-4040

St. Luke Crisis Center (517) 253-8025

Woodcreek Achievement Center (517) 755-1707

Childcare Centers & Preschools

100 Acre Wood Child Care Center (517) 694-2458
Holt, MI

Abbott Nursery School (517) 351-7410
East Lansing, MI

Beginnings Child Care (517) 482-0082
Lansing, MI

CACS Head start (517) 482-1504
Caterpillar Corner Childcare (517) 889-5348
Holt, MI
Colt’s & Filly’s Child Care .......... (517) 244-0814
Mason, MI

Dansville Preschool & Child Development Center .......... (517) 623-6904
Dansville, MI

Early on .................................... (517) 244-4514
Education Child Care Center .......... (517) 485-6825
Lansing, MI

Emanuel Lutheran Daycare Center ........................................... (517) 485-4118

Gilden Woods Early Care & Preschool .......................... (517) 574-4159
Okemos, MI

Great Start .................................... (517) 336-3784
Great Start Kindergarten

Readiness ..................................... (517) 755-3391
Lansing, MI

Happy Elephant Child Care .......... (517) 882-6602
Lansing, MI

Head Start .................................... (517) 482-1504
Kid’s Club .................................... (517) 851-8600
Stockbridge, MI

Kid Time Child Development Center ........................................... (517) 887-6673

Memorial Lutheran Preschool . (517) 655-1402
Williamston, MI

Rainbow Child Care Center of Lansing .......................... (517) 580-4617

Rainbow Child Care Center of Okemos ........................................... (517) 347-1919

Rally Kids Connection .................. (517) 339-0099
Haslett, MI

Reaching Higher Program ............... (517) 887-2762
Lansing, MI

Scribbles & Giggles Child Care ...... (517) 482-1551
Lansing, MI

Tutor Time of Okemos ................. (877) 684-1613

Community Education

American CPR Training .............. (517) 349-8811
A Safety First of Lansing .......... (517) 930-3777
American Red Cross ................. (517) 484-7461

Libraries

Capital Area District Libraries:
Aurelius ................................... (517) 628-3743
Mason, MI

Dansville ..................................... (517) 623-6511
Downtown Lansing ........................ (517) 367-6350
Foster ..................................... (517) 485-5185
Lansing, MI

Haslett ..................................... (517) 339-2324
Holt-Delhi .................................... (517) 694-9351
Leslie ..................................... (517) 589-9400
Mason ..................................... (517) 676-9088
Okemos .................................... (517) 347-2021
South Lansing ............................. (517) 272-9840
Stockbridge ................................ (517) 851-7810
Webberville ................................ (517) 521-3643
Williamston ................................. (517) 655-1191

Schools

Ingham Intermediate School District ........................................... (517) 676-1051
Dansville Public Schools ............. (517) 623-6120
East Lansing Public Schools ........ (517) 333-7420
East Lansing Non-Public

Greater Lansing Islamic School .. (517) 332-3700
Pre-K-12

Stepping Stones Montessori School Of East Lansing (Pre-K-6) ........ (517) 336-0422
St. Thomas Aquinas School (K-8) (517) 332-0813
Haslett Public Schools ................. (517) 339-8242
Holt Public Schools ........................ (517) 694-0401

Holt Non-Public

Capitol City Baptist School (Pre-K-12) ........................................... (517) 694-6122

Holt Lutheran Schools (Pre-K-12) ........................................... (517) 694-3182

Lansing School District .......... (517) 755-1000

Lansing Public School Academies

Blended Learning Academy .......... (517) 574-4667
Cole Academy (K-5) .................. (517) 372-0038
Lansing Charter Academy (K-7) .. (517) 882-9585
Mid-Michigan Leadership Academy (Pre-K-8) ................................ (517) 485-5379
Shabazz Public School Academy (Pre-K-6) .......................... (517) 267-8474
Windemere Park Charter Academy (Dev-K-8) .................. (517) 327-0700

Ingham County Community Resources September 2019
Lansing Non-Public Schools
Diocese of Lansing/Catholic........ (517) 342-2482
Emanuel First Lutheran (Pre-K-8) ................................................. (517) 485-4547
Greater Lansing Seventh Day Adventist (Pre-K-10) ......................... (517) 321-5565
Immaculate Heart of Mary-St. Casimir (K-8).............................. (517) 882-6631
Lansing Baptist.......................................................... (517) 882-2280
Lansing Catholic High ......................................................... (517) 267-2100
Lansing Christian Schools ...... (517) 882-5779
Montessori Children’s House.... (517) 482-9191
New Covenant Christian (K-12),.. (517) 323-8903
Pam’s Academy of Champions (Pre-K-3) ...................................... (517) 394-2333
Resurrection School (K-8)........ (517) 487-0439
St. Gerard School (K-8) .......... (517) 321-6126
Leslie Public Schools ................. (517) 589-8200
Leslie White Pine Academy (K-8).... (517) 589-8961
Mason Public Schools ............... (517) 676-2484
Okemos Public Schools .............. (517) 706-5000
Okemos Public School Academies
Great Lakes Cyber Academy ..... (517) 381-5062
Michigan Connections Academy (517) 507-5390
Nextec High School ................. (517) 347-7793
Okemos Non-Public Schools
Montessori/Radmoor Schools (Pre-K-6) .................................... (517) 351-3655
St. Martha School (Pre-K-8) ....... (517) 349-3322
Stockbridge Community Schools . (517) 851-7188
Waverly Community Schools ...... (517) 321-7265
Webberville Community Schools . (517) 521-3422
Williamston Community Schools. (517) 655-4361
Williamston Non-Public Schools
Memorial Lutheran (Pre-K-8)..... (517) 655-1402
St. Mary School (Pre-K-5) ......... (517) 655-4038

Colleges/Career Centers
Career Quest Learning Center ...... (517) 318-3330
Douglas J Aveda Institute ........... (877) 311-8957
Great Lakes Christian College ...... (517) 321-0242
Hill Career Academy ................. (517) 755-1060
Holloway’s Real Estate Institute... (800) 292-5945
Lansing Community College ....... (800) 644-4522
Michigan State University .......... (517) 355-8332

New Horizons Computer Learning Center
........................................................................ (616) 574-7500
Ross Medical Education Center .... (517) 703-9044
Western Michigan University Cooley Law School
........................................................................ (517) 371-5140

Youth Programs

Boy Scouts of America ............... (517) 940-4210
Boys & Girls Club ...................... (517) 394-0455
Gateway Youth Services .......... (517) 882-4000
24-Hour Crisis Hotline .......... (517) 882-7217
Runaway Hotline ..................... (800) 786-2929
YMCA .................................................. (517) 827-9700

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police.........................911
Ingham County Homeland Security and Emergency Management ........ (517) 676-8223
Tri County Metro Narcotics ....... (517) 394-5588

Law Enforcement

Bath Charter Twp. Police.......... (517) 641-6271
Dewitt Township Police ............ (517) 669-6578
East Lansing Police ................. (517) 351-4220
Grand Ledge Police ................. (517) 627-2149
Ingham County Sheriff .......... (517) 676-2431
Holt ........................................... (517) 694-0045
Lansing Police Department ...... (517) 483-4600
Lansing Twp. Police ................. (517) 485-1700
Meridian Township Police Dept.. (517) 332-6526
Michigan State Police ............... (517) 332-2521
Lansing, MI
Michigan State University Police (517) 355-2221
Stockbridge Police ................. (517) 851-7517

EMPLOYMENT ASSISTANCE

Michigan Works .................. (517) 492-5500
Michigan Rehabilitation Services ...(517) 373-3390
People Ready ........................ (517) 272-4454
Unemployment Office Hotline .... (866) 500-0017

FINANCIAL ASSISTANCE

Capital Area Community Services...(517) 676-1065
Department of Human Services .... (517) 887-9400
Department of Veterans Affairs .... (517) 887-4331
Greenpath Debt Solutions ......... (517) 321-5836

Ingham County Community Resources September 2019
Ingham County Society of St. Vincent
DePaul..............................................(517) 484-4228
MSHDA: Step Forward.......................(866) 946-7432
Salvation Army.............................(517) 484-4424
Tri-County Office on Aging ..............(517) 887-1440

Tax Assistance
Freedom Tax Services LLC ..............(517) 676-4253
H & R Block
  Lansing........................................(517) 337-3066
  Okemos....................................(517) 381-8052
  Mason......................................(517) 676-5858
  Williamston.............................(517) 655-8485
Jackson Hewitt Tax Service .............(517) 485-1547
Holt..............................................(517) 694-8058
Liberty Tax Services .....................(517) 324-7040
Simplified Tax.........................(517) 882-2441
  Williamston.............................(517) 913-4399

**FITNESS, RECREATION & REHABILITATION**

AnyTime Fitness ..........................(517) 333-8383
FlexCity Fitness ............................(866) 953-Flex
Planet Fitness..............................(517) 381-8200

Okemos, Mi

Parks & Recreation

Abbott Road Park .........................(517) 337-1731
Adado River Front .......................(517) 483-4277
Alton Park ..................................(517) 337-1731
Bancroft Park ..............................(517) 483-4277
Burchfield Park .........................(517) 337-1731
Beal Botanical Garden .................(517) 884-8486
Beck Park ...................................(517) 483-4277
Cooley Garden Park ....................(517) 483-4277
Fenner Nature Center .................(517) 483-4224
Harris Nature Center ......................(517) 349-3866
Hawk Island Park .........................(517) 337-1731
Hunter Park and Outdoor Pool .......(517) 483-4277
Lake Lansing Park .......................(517) 676-2233
McNamara Canoe Landing ..............(517) 337-1731
Ormond Park ................................(517) 483-4277
Potter Park & Zoo .........................(517) 483-4222
Riverbend Natural Area .................(517) 337-1731
Riverpoint Park ...........................(517) 483-4277
West Side Park ............................(517) 483-4277
Woldumar Nature Center ..............(517) 322-0030

**FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE**

Advent House Ministries ..........(517) 485-4722
American Red Cross .................(517) 484-7461
Board of Water and Light .........(517) 702-6006
Capital Area Community Services ...(517) 393-7077
Christian Services .................(517) 394-5411
City Rescue Mission ..............(517) 485-0145
Cristo Rey Community Center ......(517) 372-4700
Department of Human Services
  Ingham County..........................(517) 887-9400
Food Bank Council of Michigan ...(517) 485-1202
Garden Project .................(517) 853-7809
Gateway Community Services ...(517) 351-4000
Good Shepherd Mission ..........(517) 851-9800
Greater Lansing Housing Coalition .(517) 372-5980
Greater Lansing Food Bank .......(517) 899-9457
Holt Community Food Bank ...........(517) 694-9307
Leslie Community Outreach .......(517) 589-5814
MSU Student Food Bank ..........(517) 432-5136
Open Door Ministry .............(517) 485-9477
Our Savior Lutheran Food Bank ..(517) 882-7750
Salvation Army .......................(517) 482-9715
Seventh Day Adventists ..........(517) 627-4348
St Vincent Catholic Charities .......(517) 323-4734
St Mary’s Catholic Church .......(517) 484-5331
Stockbridge Community Outreach .(517) 851-7285
Volunteers of America ............(517) 484-4414
Williamston Food Bank ..........(517) 655-3813

**Click it/Ship it**

Meijer- Shipt Home Grocery Delivery ..
  www.shipt.com/lansing

Kroger ClickList Delivery Home Grocery Delivery
  Available in Lansing area  www.kroger.com

**HEALTHCARE SERVICES**

Centers for Disease Control ............(800) 232-4636
Medicare........................................(800) 633-4227
Medicare/Medicaid Assistance
  Program ....................................(800) 803-7174

**Clinics & Hospitals**

McLaren Greater Lansing Okemos CMC
  ............................................(517) 975-3800
Ingham County
Great Expressions Dental Center
Great Endo
East Lansing Dental
Carefree Medical and Dental Inc.
Affordable Dentures
Denver, CO
disabilities who can
Donated Dental services for people with physical and mental
disabilities
Dental Lifeline Network
Willow Health Center
His Healing Hands Health Center
Ingham Community Center
Care Free Medical and Dental
Work Health Occupational Health
MSU Pediatric & Sub Specialty Care
Clinic
Optimum Health Clinic
Red Cedar Valley Medicine
Redicare Okemos
VA Lansing, Clinic
Work Health Occupational Health Clinic
Free Clinics
Care Free Medical and Dental
Cristo Rey Family Health Clinic
Ingham County Health Dept.
Ingham Community Center
His Healing Hands Health Center
Planned Parenthood
Willow Health Center
Dental Resources
Dental Lifeline Network (303) 534-5360
http://dentallifeline.org/michigan
Donated Dental services for people with physical and mental disabilities who cannot afford needed dental treatment
Denver, CO

McLaren Multi-Specialty Clinic (517) 975-3750
McLaren Orthopedic Hospital (517) 975-6000
Capital Internal Medicine Assoc. (517) 374-7600
Henry Ford Allegiance Family Medicine (517) 244-0434
Howell Redicare (517) 546-9200
Jamieson Total Health Care Center (517) 882-6605
Kid’s First Immediate Care (517) 332-5342
Lansing Urgent Care (517) 999-2273
Michigan Headache Clinic (517) 324-3445
MSU Child Health Care Clinic (517) 353-3003
MSU Women’s Healthcare (517) 364-5888
Okemos Family Chiropractic Health (517) 381-1880
MSU Pediatric & Sub Specialty Care Clinic (517) 364-5440
Optimum Health Clinic (517) 394-8589
Red Cedar Valley Medicine (517) 332-3324
Redicare Okemos (517) 339-2100
VA Lansing, Clinic (517) 267-3925

Ingham County Health Department (517) 887-4311
Lions Club of Michigan State (517) 887-6642
ALS of Michigan (800) 882-5764
Equipment loan program for ALS and PLS patients only
Michigan CPAP Bank (734) 232-3964
CPAP, BiPAP, Auto CPAP/BiPAP, ASV, AVAPS
Muscular Dystrophy Association (800) 572-1717
Medical equipment loan closets in Michigan
Muscular Dystrophy Association (517) 706-0348
Patients with Neuromuscular Disease
All Michigan Counties
Paralyzed Veterans of America- MI (800) 638-6782
Wheelchairs, power chairs, adaptive sports equipment, hoists, lifts, etc.
The National Federation of the Blind (410) 659-9314
All Michigan Counties
United Cerebral Palsy Michigan (800) 828-2714
Michigan Assistive Technology Loan Fund and Michigan Employment Loan Fund
Cardinal Health (517) 432-8334
Carelinc (517) 485-9588
Centurion Medical Products (517) 546-5400
Hart Medical Equipment (517) 489-5350
R S Biomedical (517) 655-9116
Shoreline Sport Medical Supply (800) 245-1064
Sparrow Medical Supply (517) 364-2115
Symmetry Medical Lansing (517) 882-4312

Ingham County Community Resources September 2019
Walgreens ...........................................(517) 351-0249
Wright & Filippis ................................(517) 484-2624
Zip Medical Supplies ............................(517) 272-1940

Mental Health & Counseling Services

A New Hope Counseling Center .......(517) 323-4531
A & A Psychotherapy Associates ....(517) 349-4111
Awakenings Family Therapy ............(517) 699-4357
Carefree Medical Behavioral Health ...........................................(517) 272-4007
Comprehensive Psychological Services ........................................(517) 337-2900
Community Mental Health Crisis Services .......................................(517) 346-8460
Hope Network .....................................(517) 332-1616
Huffman Psychology ............................(517) 337-9554
Justice in Mental Health Organization ...........................................(517) 371-4661
Okemos Therapy Associates ..........(517) 281-0644
Problem Gambling Help-Line ...........(800) 270-7117
24-hours, 7-days
Psychological & Behavioral Consultants .........................................(517) 372-2535
Reflections Counseling ............................................(517) 321-4775

Pharmacies & Prescription Assistance

Partnership for Prescription Assistance
................................................................. www.pparx.org
RxAssist.................................................... www.rxassist.org
Database of medication assistance programs
LifeSource Direct .................................(866) 340-4748
Uninsured and Underinsured
NeedyMeds ...........................................(800) 503-6897
Resource for medication assistance programs
Senior Prescription Drug Assistance
MMAP ......................................................(800) 803-7174
Michigan Medicare/Medicaid Assistance Program
MiRx Discount Card .........................(866) 755-6479
For patients without drug coverage
Genoa ...................................................(517) 887-3539
Lansing, MI
Atlas Meds Pharmacy .......................(517) 580-0991
Lansing, MI
CVS Pharmacy .....................................(517) 272-5400
Fowlerville Pharmacy .........................(517) 223-9832
Haslett Central Pharmacy ...................(517) 339-0300
Holt Pharmacy .................................(517) 699-1544

Meijer Pharmacy
Mason ....................................................(517) 244-1910
East Lansing .......................................(517) 333-3010
Dewitt ..................................................(517) 669-4610
Okemos ...............................................(517) 347-9110

Select free prescriptions
Central Pharmacy Patient Careway ...........
.........................................................(517) 393-1000
Lansing, MI
PGPA Pharmacy ...............................(517) 381-7472
Okemos, MI

Rite Aid
E. Michigan Ave, Lansing ............(517) 485-4381
Saginaw St., Lansing .................(517) 321-7746
Sam’s Club Pharmacy .................(517) 482-1803
($4/$10 prescription program)
Sparrow Pharmacy Plus-1 .........(517) 364-5380
Sparrow Pharmacy Plus-10 .......(517) 364-3079
Stockbridge Pharmacy ..........(517) 851-7575
Target Pharmacy .................(517) 882-4845
($4/ $10 generics program)
Village Drug Shop .........................(517) 521-3484
Webberville, MI
Walgreen’s Pharmacy ..............(517) 882-2732
Walmart Pharmacy .............(517) 381-8267
($4/$10 prescription program)
Ware’s Pharmacy ...................(517) 676-9199
Mason, MI
Welcome Pharmacies ..............(517) 589-8291
Leslie, MI

RETAIL DISCOUNT DRUG PROGRAMS

Kroger .......................... ask pharmacist
Meijer .......................... ask pharmacist
(select free prescriptions)
Target .......................... ask pharmacist
($4/ $10 generics program)
Sam’s Club .......................... ask pharmacist
($4/$10 prescription program)
Wal-Mart .......................... ask pharmacist
($4/$10 prescription program)
Walgreens .......................... ask pharmacist

Substance Abuse

Alcoholics Anonymous ...........(517) 377-1444
CDC Hotline .............................(800) 232-4636
City Rescue Mission ..........(517) 485-0145

Ingham County Community Resources September 2019
Community Mental Health..............(517) 887-5286
Crisis Services..........................(517) 346-8460
Families Against Narcotics...........(517) 898-3236
Griefnet................................(734) 761-1960
National Alliance on Mental Issues (517) 485-4049
Narcotics Anonymous (NA) Hotline (877) 338-1188
Substance Abuse Hotline........(800) 662-4357
Substance Use Treatment Services(800) 834-3393
24-hours, 7-days- referral to treatment
Mid Michigan Recovery Services....(517) 887-0226
PATHways................................(517) 272-4122
Reality Counseling Services........(517) 484-4997
Recovery Center......................(517) 267-7623
Victory Clinical Services...........(517) 394-7867

Vision Assistance

Capital City Vision Center..........(517) 349-2393
Care Free Optometry...............(517) 887-5922
Delta Vision Optical.................(517) 381-2000
Eymart Express......................(517) 323-3490
Goodrich Optical....................(517) 393-2660
Ingham County Health Dept.......(517) 887-4322
Vision Screenings
Jones Vision Center...............(517) 332-2233
Lansing Ophthalmology..........(517) 337-1668
Lens Crafters
Okemos................................(517) 349-0784
Lansing................................(517) 327-0019
Norton Eye Care....................(517) 336-4545
Pearle Vision........................(517) 882-0202
Rx Optical
Okemos..................................(517) 349-9944
Lansing................................(517) 866-2888
Sears Optical..........................(517) 351-3498
Vision USA..............................(800) 766-4466
Assistance with eye exams
Wallace Opticians.....................(517) 332-8628

HOUSING ASSISTANCE

Community Action Agency........(800) 443-5518
Habitat for Humanity..............(517) 374-6235
Lansing, MI
Lansing Housing Commission.....(517) 487-6550
Michigan State Housing Development Authority
..............................................(517) 373-8370
Rural Ingham.........................(517) 676-1065

The Heat and Warmth Fund...........(800) 866-8429
USDA Rural Development...........(517) 324-5190
Volunteers of America..............(517) 484-4414
Lansing, MI

Emergency Shelters & Warming Centers

Advent House Ministries..........(517) 485-2837
City Rescue Mission...........(517) 485-0145
EVE, Inc...............................(517) 372-5572
Victims of domestic violence
First Baptist Church-Hearts & Hands
............................................(517) 663-7104
Glass House...........................(517) 482-2028
Haven House.......................(517) 337-2731
Loaves and Fishes Overnight Shelter
............................................(517) 482-2099
Shelter and Emergency Services...(517) 484-4414
Sire Eaton Shelter...............(517) 543-0748

Heating/Utility Assistance & Home

Capital Area Community Services...(517) 393-7077
Department of Human Services ....(517) 877-9400
Salvation Army......................(517) 484-4424
Stockbridge Community Outreach .(517) 851-7285

Repairs/Weatherization

Capital Area Community Services...(517) 393-7077
Michigan Weatherization Assistance
Program ..............................(517) 373-8896
The Heat and Warmth Fund...........(800) 866-8429

Low Income Housing

Action Agency........................(517)482-6281
Benson Hills Apartments...........(517) 339-9911
Haslett, MI
Camelot Hills .......................(517) 485-6938
Lansing, MI
Delhi Stratford Place..............(517) 699-3701
Senior Apartments, Holt, MI
Grange Acres .........................(517) 339-9321
Haslett, MI
The Glenn on Forest Apartments(517) 887-1000
Lansing, MI
Huntley Villas Townhomes.........(517) 694-3493
Holt, MI
Ingham County Housing Commission
.............................................(517) 349-1643
Pinebrook Manor Apartments ...... (517) 882-3518
Lansing, MI
Tamarack Apartments ..................(517) 694-0074
Holt, MI
USDA Rural Development .............(517) 324-5190

LEGAL ASSISTANCE

Legal Aid Legal Service ..................(866) 531-6309
Legal Hotline for Michigan Seniors .(800) 347-5297

PARENTING/PREGNANCY RESOURCES

Capital Area Community Services, Inc.
............................................(517) 482-1504
Parenting classes
Child Abuse Prevention Services ....(517) 484-8444
Cristo Rey Community Center ......(517) 372-4700
Circle of Parents .......................(517) 882-4000
x123
Drop in Breastfeeding Clinic......... (517) 574-0802
Expectant Parents Organizations ...(517) 887-7000
Kinship Care Resource Center ......(517) 355-9600
Mothers of Preschoolers (MOPS) ...(517) 272-3853
Parent Help Line .......................(855) 427-2736
24-hour parent support
Shared Pregnancy Women’s Center
.............................................(517) 484-1882
WIC .............................................(517) 887-4326
Willow Tree Family Center ...........(586) 806-9832
Women’s Center of Greater Lansing
.............................................(517) 372-9163
Women’s Center .........................(800) 275-1995

TRANSPORTATION

AmbuCab .................................(517) 482-1245
Veteran’s Crisis Line .................(800) 273-8255
VFW’s Unmet Needs Program ......(866) 789-6333

Persons requiring lift equipped service for non-medical transfers
Amtrak Station-LNL .....................(800) 872-7245
East Lansing, MI
CATA Bus .................................(517) 394-1100
Department of Transportation ......(517) 373-2090
Lansing, MI
Dean Trailways of Michigan ......(517) 319-3326
Lansing, MI
Dean Transportation Inc. ..........(517) 319-8300
Lansing, MI
Greyhound ..............................(517) 332-2595
East Lansing, MI
Spec-Trans ............................(517) 394-2282
Curb-to curb service for people with disabilities

TRIBAL SERVICES

American Indian Services, Inc.......(313) 388-4100
Department of Civil Rights .........(517) 335-3165
Michigan Indian Employment and
Training Services .....................(517) 393-0712
Michigan Indian Legal Services ....(800) 968-6877

VETERANS AFFAIRS

CHAMPVA ...............................(800) 733-8387
CHAMPVA Meds by Mail ..........(800) 385-0235
Lansing Veteran’s Affairs ..........(517) 887-4331
Michigan Association of County Veteran’s
Counselors ..............................(517) 887-4331
Michigan Veterans Affairs .......(800) 642-4838
Veterans Administration ..........(800) 827-1000
Veteran’s Crisis Line ...............(800) 273-8255
Wounded Warrior Resource Center(888) 997-2586

VOLUNTEER OPPORTUNITIES

Allen Neighborhood Center .......(517) 367-2468
Capital Area Community Services ..(517) 393-7077
Ingham County Animal Shelter ....(517) 676-8370
MSU Student Food Bank ...........(517) 432-513
VFW Volunteer Program ..........(269) 965-0465
Volunteers of America .............(517) 484-4414