



Appreciate Your Child - April 2020

(April is Child Abuse Prevention Month)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1. Draw a pinwheel with your child and celebrate together!	2. Pick out a song and dance around to the music together.	3. Ask your child, "Who is your best friend and why?"	4. Make up a story and have your child draw pictures for that story.
5. Play a board game with your child.	6. Find something to build together. A puzzle would be FUN!	7. Make a song up with your child and sing it.	8. Find a book with your child and read it with them.	9. Praise them today for everything good they do.	10. Make a mask from a paper plate.	11. Talk about what your child likes to do and why.
12. Make little objects, hide them before your child gets up, and have a treasure hunt.	13. Ask your child, "Tell me one thing you wish for and why?"	14. Give your child five hugs today.	15. Walk outside with your child and practice "social distancing."	16. Let your child set the table for dinner.	17. Make a tent in the living room with blankets and pillows.	18. Watch the sun go down together and wish upon the first star.
19. Finger paint together. (Recipe on back.)	20. Make your child breakfast for dinner.	21. Make a necklace with uncooked pasta that can be threaded.	22. Go for a nature walk together and look for signs of spring.	23. Read with your child for 15 minutes.	24. Plant vegetable seeds to grow indoors, to later be planted outdoors.	25. Prepare your child's favorite meal with them.
26. Ask your child, "What day of the week is your favorite and why?"	27. Make little pizzas together. (Recipe on back.)	28. Make up a play and act it out (try using your child's favorite book or character).	29. Tell your child what makes him or her special to you.	30. Say to your child, "I Love You" every day!		

Day 19, Finger paint: Ingredients:

½ cup plain flour
2 cups water
1 tablespoon salt
Food coloring or tempera paint powder
1 tablespoon dishwashing liquid- optional
Small sealable containers

Instructions:

Add flour and salt to saucepan and slowly add water, mixing with a whisk until all combined. Heat over medium heat, stirring with whisk to prevent lumps. Once mixture has thickened and is smooth remove from heat and allow to cool. Once cooled, mix in the dishwashing liquid – optional. It will give the paint a smoother consistency and a glossy finish when dry. Separate into small containers and color with small amounts of either food coloring or tempera powder. If using tempera add a little water to combine. Store leftover paint in the refrigerator for a few days.

Day 29, Pizza Recipe: Ingredients:

English Muffins or Mini Pizza Crusts
Pizza Sauce
Shredded Mozzarella
Pizza Toppings (pineapple, pepperoni, sausage, mushrooms, green pepper, or other preferred toppings)

Instructions:

Place English muffins or mini-pizza crusts on a cookie sheet.
Put all ingredients in separate bowls.
Let your child put their own ingredients on the muffins starting with the pizza sauce.
Bake and serve.