



THE FAMILY TREE

A Publication of the Family Growth Center

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News from the Infant and Toddler Room

HI! November is upon us and the snow is on its way! HURRAY. This month we will definitely paint some leaves, glue some leaves, stamp some leaves, sticker some leaves and color some leaves. We will hide in sheet forts and throw around some balls! It's going to be a blast! We will also do puzzles and read books. This month, I am going to continue to integrate sign language into my conversations with the children. Sign language will give our children a way of communication that will benefit them before they can speak with their voice. I'm very excited.

- Angela Bunker, Infant/Toddler Teacher

News from the Preschool Room

Hello Everyone! The preschoolers were busy this past month working on strengthening their small motor skills. Along with cutting, coloring and building we've been playing games, helping develop listening skills and following the rules. We, also, started the Color Me Healthy program. This month we are going to continue learning about healthy foods, being adventurous by trying new foods and moving our bodies. We also plan on dancing, singing and getting creative!! See you soon! 🎨

- Beth Corcoran, Preschool Teacher

***MAKE A CHANGE ***

*Come join us have fun and learn - healthy recipes and tips on living a healthy lifestyle.

CLASSES start this month – November 12, 2019 1:30pm to 3:00pm and November 14, 2019 9:00am to 10:30am

What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. For more information on childcare call (517) 371-1347.




Tuesday – Wednesday – Thursday
549 E Mt. Hope
Lansing, MI. 48910
(Bethlehem Lutheran Church)
www.childandfamily.org


DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE

Surveys are very important for us! We would like to hear from you. It'll only take a few minutes. Please fill out a survey for us. Please use the following link:

<https://www.surveymonkey.com/r/KWBMFN6>

NOVEMBER 2019 Family Growth Center Calendar

TUESDAY	WEDNESDAY	THURSDAY
05 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	06 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	07 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
12 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	13 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	14 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
19 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	20 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	21 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
26 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	27 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	28 Mount Hope FGC CLOSED FOR THANKSGIVING
	 Happy Thanksgiving	

Week 1	Week 2	Week 3	Week 4	Week 5
Protein: Tuna & Milk Fruit & Vegetable: Apples & Cucumbers Grain: WG Bread	Protein: Black Beans & Milk Fruit & Vegetable: Avocado & Tomato/Lettuce Grain: WG Pita	Protein: Mozzarella Cheese & Milk Fruit & Vegetable: Bananas & Olives Grain: WG English Muffins	Protein: Turkey Deli Meat & Milk Fruit & Vegetable: Cranberries & Green Beans Grain: WG Dinner Rolls	

Prepared by Staff ☺

Menu is subject to change.
 This Institution is an equal opportunity provider and employer.