



THE FAMILY TREE

A Publication of the Family Growth Center

October 2019

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News from the Infant and Toddler Room

Hello everyone!!! It is already October, and some of our friends have moved up to the pre-school classroom. They are going to have so much fun with Ms. Beth. This month we will definitely paint some leaves, glue some leaves, stamp some leaves, sticker some leaves and color some leaves. We will climb all over the soft blocks in the room and we will hide in sheet forts! It's going to be a blast! We will also do puzzles and read books. This month, I am going to be integrating sign language into my conversations with the children. Sign language will give our children a way of communication that will benefit them before they can speak with their voice. I'm very excited.

- Angela Bunker, Infant/Toddler Teacher

News from the Preschool Room

Happy Fall 🍁 We had a wonderful summer at FGC. The children made new friends and learned about sharing, working together and healthy food choices. This month we are going to focus on fine motor skills. Some activities we will be doing in the classroom will be cutting, using play-dough, connecting blocks and using pencils. We will also continue to learn about cooperation and making healthy choices. I'm looking forward to seeing you at the FGC!

Beth Corcoran, Preschool Teacher

Make a Change

***Come join us have fun and learn - healthy recipes and tips on living a healthy lifestyle.
Inquire about classes starting soon**

What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**.

For more information on childcare call (517) 371-1347.



**Tuesday – Wednesday – Thursday
549 E Mt. Hope
Lansing, MI. 48910
(Bethlehem Lutheran Church)**

DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE

***Surveys are very important for us! We would like to hear from you. It'll only take a few minutes. Please fill out a survey for us. Please use the following link:
<https://www.surveymonkey.com/r/KWBMFN6>***

OCTOBER 2019 Family Growth Center Calendar

TUESDAY	WEDNESDAY	THURSDAY
01 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	02 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	03 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
08 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	09 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	10 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
15 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	16 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	17 Mount Hope FGC Drop In: CLOSED Staff Training Drop In: 1:30pm – 4:00pm
22 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	23 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	24 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
29 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	30 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	31 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm

Week 1	Week 2	Week 3	Week 4	Week 5
Protein: Hummus & Milk Fruit & Vegetable: Green Apples & Celery Grain: WG Tortilla	Protein: Colby Jack Cheese & Milk Fruit & Vegetable: Blueberries & Green Peppers Grain: WG Crackers	Protein: Cottage Cheese & Milk Fruit & Vegetable: Mangos & Cucumbers Grain: Cheerios	Protein: Cream Cheese & Milk Fruit & Vegetable: Strawberries & Peas Grain: WG Bagels	Protein: Turkey Chunks & Milk Fruit & Vegetable: Mandarin Oranges & Carrots Grain: WG Crackers

Prepared by Staff ☺

Menu is subject to change.

This Institution is an equal opportunity provider and employer.