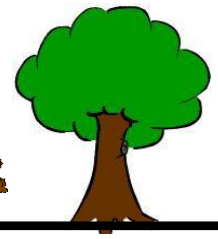




THE FAMILY TREE

A Publication of the Family Growth Center

August 2019
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News from the Infant and Toddler Room

Good news! Fall is almost here. I am hoping to be able to have some sand or water in the classroom this month. I also hope to have some fun art projects and stickers will be involved. We will run, jump, dance and sing all month. I really want to work on large motor skills this month, so I hope to challenge the children with different activities. Please remember to put sunscreen on your children when you are outside this month.

- Angela Bunker, Infant / Toddler Teacher

News from the Preschool Room

Hello! We have been having a great time talking about fruits and vegetables this past month. I am so proud that many of the kids are trying and liking foods they have never wanted to eat before. This month, we are going to continue with our healthy eating activities and having fun outside. In the classroom we are working on listening, following directions and cooperation through games and songs. We will be playing follow the leader, candy land, go fish and matching games. I'm excited to see you at the Family Growth Center!



Beth Corcoran, Preschool Teacher

What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. For more information on childcare call (517) 371-1347.



Tuesday – Wednesday – Thursday
549 E Mt. Hope
Lansing, MI. 48910
(Bethlehem Lutheran Church)

DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE

Surveys are very important for us! We would like to hear from you. It'll only take a few minutes. Please fill out a survey for us.

Ask us about

___ Make a Change ___

***Learn with your 4/5-year-old healthy recipes and tips on living a healthy lifestyle.**

AUGUST 2019 Family Growth Center Calendar

TUESDAY	WEDNESDAY	THURSDAY
		01 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
06 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	07 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	08 Mount Hope FGC Drop In: CLOSED Drop In: 1:30pm – 4:00pm
13 Mount Hope FGC PRESCHOOL ONLY OPEN Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	14 Mount Hope FGC PRESCHOOL ONLY OPEN Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	15 Mount Hope FGC PRESCHOOL ONLY OPEN Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
20 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	21 Mount Hope FGC Drop In: CLOSED Drop In: staff training	22 Mount Hope FGC Drop In: CLOSED Drop In: staff training
27 Mount Hope FGC INFANT/TODDLER ONLY OPEN Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	28 Mount Hope FGC INFANT/TODDLER ONLY OPEN Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	29 Mount Hope FGC INFANT/TODDLER ONLY OPEN Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm

Week 1	Week 2	Week 3	Week 4	Week 5
Protein: Cottage Cheese & Milk Fruit & Vegetable: Strawberries & Cucumbers Grain: WG Life Cereal	Protein: Turkey Chunks & Milk Fruit & Vegetable: Mandarin Oranges & Frozen Peas Grain: Triscuit Crackers	Protein: Cheddar Cheese & Milk Fruit & Vegetable: Peaches & Celery Grain: Wheat Thins	Protein: Roast Beef & Milk Fruit & Vegetable: Applesauce & Green Beans Grain: WG Hamburger Buns	Protein: Turkey Sausage & Milk Fruit & Vegetable: Bananas & Asparagus Grain: Cheerios

Prepared by Staff ☺

Menu is subject to change.
This Institution is an equal opportunity provider and employer.