



THE FAMILY TREE

A Publication of the Family Growth Center

July 2019
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News from the Infant and Toddler Room

YAY JULY!! HAPPY BIRTHDAY AMERICA! July is my favorite month. I am hoping to be able to have some sand or water in the classroom this month. I also hope to have some fun art projects and stickers will be involved. We will run, jump, dance and sing all month. I really want to work on large motor skills this month, so I hope to challenge the children with different activities. Please remember to put sunscreen on your children when you are outside this month.

- Angela Bunker, Infant / Toddler Teacher

News from the Preschool Room

This month, in the classroom, we are going to be discussing healthy eating and the importance of daily movement. We will be starting the Color Me Healthy curriculum, which will lead our conversations and activities. In addition, the children will be visiting and planting in our community garden, at the park, across the street. Please remember to send your child/ren with sunscreen ON and with safe, secure to the foot shoes for running and climbing! 🍌 🥕 🍌

Beth Corcoran, Preschool Teacher

What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. For more information on childcare call (517) 371-1347.



Tuesday – Wednesday – Thursday
549 E Mt. Hope
Lansing, MI. 48910
(Bethlehem Lutheran Church)

DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE

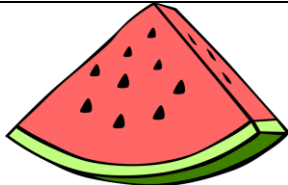
Surveys are very important for us! We would like to hear from you. It'll only take a few minutes. Please fill out a survey for us.

Ask us about

___ Make a Change ___

***Learn with your 4/5-year-old healthy recipes and tips on living a healthy lifestyle.**

JULY 2019 Family Growth Center Calendar

TUESDAY	WEDNESDAY	THURSDAY
02 Mount Hope FGC Drop In: CLOSED Drop In: CLOSED	03 Mount Hope FGC Drop In: CLOSED Drop In: CLOSED	04 Mount Hope FGC Drop In: CLOSED Drop In: CLOSED
09 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	10 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	11 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
16 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	17 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	18 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
23 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	24 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	25 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
30 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	31 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	

Week 1	Week 2	Week 3	Week 4	Week 5
Protein: Fruit & Vegetable: Grain: HAPPY 4th of JULY!	Protein: Cheddar Cheese & Milk Fruit & Vegetable: Grapes & Green Pepper Grain: WG Crackers	Protein: Turkey Hot Dogs & Milk Fruit & Vegetable: Cantaloupe & Green Beans Grain: WG Hot Dog Buns	Protein: Hummus & Milk Fruit & Vegetable: Watermelon & Carrots Grain: WG Pita Chips	Protein: Cottage Cheese & Milk Fruit & Vegetable: Strawberries & Cucumber Grain: WG Cereal

Prepared by Staff ☺

Menu is subject to change.
 This Institution is an equal opportunity provider and employer.