



THE FAMILY TREE

A Publication of the Family Growth Center

May 2018

Volume 41, No. 5



News from the Infant and Toddler Room

Hello - - Spring has finally SPRUNG!! I think winter has seen it's defeat. I am very glad to see the sun shining so brightly. Hopefully the flowers will peek through and we will see so much color coming up. This month in the classroom we will color and paint and use our fine motor skills. We will also go through a tunnel, hop over stuff and play with bouncy balls using our large motor skills. This month show your child they are valuable with time. Take time to play with them, read to them, smile at them and compliment them. It will make a lasting impression.

Angela Bunker, Infant Toddler Teacher

News from the Preschool Room

Here at the Family Growth Center we provide a climate for children to develop socially, emotionally, physically and intellectually. We are successful with this with the aid of you, their parents. As you strive to provide the very best for your child, may we offer a few suggestions that will help your child through their preschool years:

- By your actions and words, assure your child that you love them.
- Provide time to share activities with your children that are of interest to them.
- Read to your preschooler.
- Set a daily routine and stick to it as close as possible.
- Make sure they get plenty of rest (8-12 hours).
- Be an example of what you want your child to be.

Your preschool child is a very important part of your life. They demand a lot of your time and talents and return all your efforts with one big hug and kiss. Appreciate your child and be assured that you are not alone as you strive to provide the very best for your child.

-Kathy Kelly, Preschool Teacher

What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. For more information on childcare call (517) 371-1347.



Our schedule: Mt. Hope FGC

Tuesday-Wednesday-Thursdays-
517-371-1347
549 E. Mt. Hope
Lansing, MI 48910
(Bethlehem Lutheran Church)

DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE

MAY 2018 Family Growth Center Calendar

TUESDAY	WEDNESDAY	THURSDAY
1 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	2 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	3 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
8 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	9 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	10 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
15 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	16 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	17 Mount Hope FGC Drop In: CLOSED -Staff MTG Drop In: 1:30pm – 4:00pm
22 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	23 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	24 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm
29 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	30 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm	31 Mount Hope FGC Drop In: 9:00am – 11:30am Drop In: 1:30pm – 4:00pm

Week 1	Week 2	Week 3	Week 4	Week 5
Protein: Deli Turkey meat/roast beef & cheese slices & Milk Fruit & Vegetable: Apples & Leaf lettuce Grain: Whole Wheat Bread	Protein: Salami & cheese & Milk Fruit & Vegetable: Grapes & Carrots Grain: Whole Wheat Crackers	Protein: Turkey Hot Dogs & Milk Fruit & Vegetable: Bananas & Peas Grain: Whole Grain Buns	Protein: Turkey Sausage & Milk Fruit and Vegetable: Blueberries & V8 Juice Grain: Cheerios	Protein: Turkey Chunks & Milk Fruit and Vegetable: Strawberries & Cucumbers Grain: Whole Grain Crackers

Prepared by Staff ☺

Menu is subject to change.
USDA is an equal opportunity provider and employer.

