



THE FAMILY TREE

A Publication of the Family Growth Center

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News from the Infant and Toddler Room

HELLO!! It's January. YAY!! HAPPY NEW YEAR! I know this year will bring prosperity and happiness for everyone... I hope to make this year a more active year. I plan to get the children moving and exploring more. I am trying to come up with creative activities and song play to engage the children with fun, playful learning activities. I also plan to try to do more painting and art projects. Plus I am going to try to have more interactive activities in the sand/water table for parallel play. I look forward to seeing everyone again after our long break. It is going to be a SUPER SUPER fun year! Let's get this party started. RIGHT!

Angela Bunker,
Infant/Toddler Teacher

News from the Preschool Room

Welcome back! I hope everyone enjoyed their break and found some time to get some rest! This month we are going to focus on making a plan and recalling. We will talk about what the children plan to do at the beginning of the session and they will recall during group what they actually did during free play. We are also going to get moving with movement songs and games! Stay warm!

See you at the Family Growth Center!!

Beth Mannausa,
Preschool Teacher

What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. Reserved childcare is available for children whose parents participate in parent classes at FGC. For more information on childcare call (517) 371-1347. **Parents may use our childcare services twice a week!!**

Our schedule:

Mondays-

East Lansing FGC

517-351-6641

1120 S. Harrison

East Lansing, MI 48823

(University United Methodist Church)



Tues-Wed-Thursdays

Mt. Hope FGC

517-371-1347

549 E. Mt. Hope

Lansing, MI 48910

(Bethlehem Lutheran Church)

Dear Parents,

The term "**Distracted Parenting**" is used to describe the increase use of electronic and mobile devices of all kinds, including phones, which then leads to less attention given to our children. Some of the results include: an increase in preventable accidents both at home and on the road, less verbal communication with children of all ages, lower language skills and a lack of social and emotional health. Disconnecting from ALL devices tells our children "*You are more important than the rest of the world*".

Happy New Year!!

Kathy Kelly, Director of Family Growth Centers,
A program of Child and Family Charities

January 2017 Family Growth Center Calendar

Monday	Tuesday	Wednesday	Thursday
Closed for Happy New Year Holiday 1/2	Mount Hope FGC 1/3 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 1/4 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 1/5 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm
East Lansing FGC 9 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 10 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 11 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 12 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm
Closed for Martin Luther King Jr. Day 16	Mount Hope FGC 17 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 18 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 19 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm Kinship Mtg.
East Lansing FGC 23 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 24 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 25 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 26 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm
East Lansing FGC 30 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 31 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 2/1 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC 2/2 Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm

Remember-if Lansing School District is closed due to inclement weather, so is Family Growth Center.

Week 1	Week 2	Week 3	Week 4	Week 5
Grains: Wheat bread Fruit and Vegetable: Pineapple and tomato soup Protein: Cheese & Milk	Grains: Macaroni Fruit and Vegetable: Applesauce & peas Protein: Cheese & Milk	Grains: Wheat buns Fruit and Vegetable: Apples & broccoli Protein: Turkey hotdogs & Milk	Grains: Spaghetti Fruit and Vegetable: Peaches & Green beans Protein: Meat sauce, Milk	Grains: Crackers Fruit and Vegetable: Peaches & Pickles Protein: Pepperoni & Cheese & Chocolate Milk

Prepared by Robin Kennedy©

**Menu is subject to change.
USDA is an equal opportunity provider and employer.**