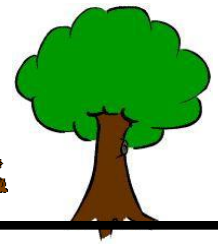




# THE FAMILY TREE

A Publication of the Family Growth Center

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## News from the Infant and Toddler Room

Hello from the room where PLAY is always happening!!! This month I KNOW the sun will shine and the temperature will increase. I am looking forward to playing with balls and water and maybe balls in water. We will run and jump. We will use chalk and markers. We will work on our cognitive skills putting together puzzles and taking them apart. We will try to use some different materials to make some creative art projects using our mind.

Keep in mind there may be times when the rooms are closed due to staff being on vacation. We want to refresh ourselves too!! We love it when you come and play at our center and look forward to seeing each and every smiling face. This month give a hug to your child when they least expect it. In addition please point out something they are doing that is positive. Make it a point to notice the good things they do. Have a GREAT month of June!!

Angela Bunker,  
Infant/Toddler Teacher

## News from the Preschool Room

Summer approaches and brings with it sunshine and happy skies. I hope that you all take advantage of our wonderful Michigan lakes, streams, and parks. Children love being outdoors and especially when they are with family having fun and relaxing.

As Family Growth Center goes into our summer mode, Ms. Maria will not return until September. Please continue to bring your children to visit the center as usual. Tell your friends about this wonderful program! Until next fall, Ms. Maria will miss you.

Ms. Maria and Ms. Tiffany  
PM and AM Preschool Teachers

## **What is the Family Growth Center?**

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. Reserved childcare is available for children whose parents participate in parent classes at FGC. For more information on childcare call (517) 371-1347.

**Parents may use our childcare services twice a week!!**



**Mondays-  
East Lansing FGC**

517-351-6641

1120 S. Harrison

East Lansing, MI 48823

(University United Methodist Church)

**Tues-Wed-Thursdays-  
Mt. Hope FGC**

517-371-1347

549 E. Mt. Hope

Lansing, MI 48910

(Bethlehem Lutheran Church)

**DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE**

# FAMILY GROWTH CENTER MENU – JUNE 2016

|  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  |
|--|---|--|--|---|
| <b>MONDAYS</b><br><b>@ East Lansing</b><br><br>9:00-11:30am<br>1:30-4:00pm | <b>MEMORIAL DAY</b><br><br><b>NO SESSION</b>  | <b>5/31</b><br><b>Protein:</b><br>Turkey Burgers & Milk<br><b>Fruit &amp; Vegetable:</b><br>Pears & Fresh Spinach<br><b>Grain:</b><br>Wheat Bun    | <b>6/1</b><br><b>Protein:</b><br>Ziti & Milk<br><b>Fruit &amp; Vegetable:</b><br>Green Beans & Fruit<br>Cocktail<br><b>Grain:</b> Pasta        | <b>6/2 –No PM session</b><br><b>Protein:</b><br>Baked Beans & Milk<br><b>Fruit &amp; Vegetable:</b><br>Mangos & Raspberries<br><b>Grain:</b><br>Cornbread     |
| <b>TUESDAY</b><br><b>@ Mt. Hope</b><br><br>9:00-11:30am<br>1:30-4:00pm     | <b>6/6</b><br><b>Protein:</b><br>Cheese & Milk<br><b>Fruit &amp; Vegetable:</b><br>Pickles & Orange Slices<br><b>Grain:</b><br>Wheat Bread          | <b>6/7</b><br><b>Protein:</b><br>Turkey Dogs & Milk<br><b>Fruit &amp; Vegetable:</b><br>Peaches & Broccoli Mix<br><b>Grain:</b><br>Whole Grain Bun | <b>6/8</b><br><b>Protein:</b><br>Turkey & Milk<br><b>Fruit &amp; Vegetable:</b><br>Apples & Carrots<br><b>Grain:</b><br>Whole Wheat bread      | <b>6/9</b><br><b>Protein:</b><br>Chicken Salad & Milk<br><b>Fruit &amp; Vegetable:</b><br>Apples & Pickles<br><b>Grain:</b><br>Wheat Bread                    |
| <b>WEDNESDAY</b><br><b>@ Mt. Hope</b><br><br>9:00-11:30am<br>1:30-4:00pm   | <b>6/13</b><br><br><b>NO SESSION</b><br><b>BUILDING</b><br><b>CLOSED</b>  | <b>6/14</b><br><b>Protein:</b><br>Dino Nuggets & Milk<br><b>Fruit &amp; Vegetable:</b><br>Oranges & Asparagus<br><b>Grain:</b><br>Wheat Roll       | <b>6/15</b><br><b>Protein:</b><br>Bologna, Cheese & Milk<br><b>Fruit &amp; Vegetable:</b><br>Pineapple & Broccoli<br><b>Grain:</b><br>Crackers | <b>6/16</b><br><b>NO AM SESSION</b><br><b>Protein:</b><br>Cheerios<br><b>Fruit &amp; Vegetable:</b><br>Strawberries & Blueberries<br><b>Grain:</b><br>Sausage |
| <b>THURSDAY</b><br><b>@ Mt. Hope</b><br><br>9:00-11:30am<br>1:30-4:00pm    | <b>6/20</b><br><b>Protein:</b><br>Chicken Salad & Milk<br><b>Fruit &amp; Vegetable:</b><br>Apples & Pickles<br><b>Grain:</b><br>Wheat Bread         | <b>6/21</b><br><br><br><b>NO FGC</b>   | <b>6/22</b><br><br><br><b>SESSIONS -----</b>   | <b>6/23</b><br><br><br><b>-----</b>   |
|  | <b>6/27</b><br><b>Protein:</b><br>Turkey Dogs & Milk<br><b>Fruit &amp; Vegetable:</b><br>Peaches & Broccoli Mix<br><b>Grain:</b><br>Whole Grain Bun | <b>6/28</b><br><b>Protein:</b><br>Turkey Burgers & Milk<br><b>Fruit &amp; Vegetable:</b><br>Pears & Fresh Spinach<br><b>Grain:</b><br>Wheat Bun    | <b>6/29</b><br><b>Protein:</b><br>Spaghetti & Milk<br><b>Fruit &amp; Vegetable:</b><br>Green Beans & Fruit<br>Cocktail<br><b>Grain:</b> Pasta  | <b>6/30</b><br><b>Protein:</b><br>Baked Beans & Milk<br><b>Fruit &amp; Vegetable:</b><br>Mangos & Raspberries<br><b>Grain:</b><br>Wheat Roll                  |

Prepared by Robin Kennedy☺

Menu is subject to change.  
 USDA is an equal opportunity provider and employer.

