



THE FAMILY TREE

A Publication of the Family Growth Center

April 2016

Volume 39, No. 4



News from the Infant and Toddler Room

HELLO FROM THE INSIDE!!! I hope everyone is well and enjoying the sunshine that I KNOW we will get eventually this month! I am going to try a new policy in our classroom starting in MAY. Starting in MAY we will no longer be allowed to wear shoes in the Infant Toddler classroom (unless you wear shoe booties). So many germs can be found on the bottom of our shoes and since our little ones are ALWAYS on the floor, I feel this new policy a good idea. I will put up signs all month as reminders and I will provide a mat on the outside of the classroom for the shoes or sandals. I appreciate all of your cooperation with this idea and enforcing this new policy. Thank you so much.

We will also be going on occasional walks outside, weather permitting, to see the new sights and sounds of Spring. We will do some messy craft projects to build our creative skills and use our hand eye coordination. Please send your children in clothing that is able to get messy. As always thank you so much for sharing your children with me, I value the time I am able to spend with them.

Angela Bunker,
Infant/Toddler Teacher

News from the Preschool Room

We have flowers in our yards so we know Spring has Sprung!! What a wonderful time of the year to teach children about new life, new growth, and life's changes that are so natural and so necessary. In the preschool classroom we will explore these topics and connect them easily to activities like growing real seeds, making butterflies from paper, and by walks in the neighborhood. We will also be doing some colorful paint artwork of blooming flowers and budding trees. In addition we will make bird houses and bird feeders! Because we have every day contact at our lunch time with the toddlers we will use this opportunity to understand our own human development.

Thank you for bringing your children to The Family Growth Center. We have a GREAT time here!

Ms Maria and Ms Sandy
PM and AM Preschool Teachers



What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. Reserved childcare is available for children whose parents participate in parent classes at FGC. For more information on childcare call (517) 371-1347.

Parents may use our childcare services twice a week!!

Our schedule:

Mondays-

East Lansing FGC

517-351-6641

1120 S. Harrison

East Lansing, MI 48823

(University United Methodist Church)



Tues-Wed-Thursdays-

Mt. Hope FGC

517-371-1347

549 E. Mt. Hope

Lansing, MI 48910

(Bethlehem Lutheran Church)

DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE

FAMILY GROWTH CENTER MENU – APRIL 2016

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MONDAYS @ East Lansing 9:00-11:30am 1:30-4:00pm	4/4 Protein: Wow Butter & Milk Fruit & Vegetable: Apples & Fresh Broccoli Grain: Wheat Bread	4/5 Protein: Corn Dogs & Milk Fruit & Vegetable: Green Beans & Mangos Grain: Corn Dog Breeding	4/6 Protein: Roast Beef & Cheese & Milk Fruit & Vegetable: Peaches & Pickles Grain: Whole Wheat Wrap	4/7 Protein: Chicken Salad & Milk Fruit & Vegetable: Grapes & Fresh Broccoli Grain: Wheat Bread
TUESDAY @ Mt. Hope 9:00-11:30am 1:30-4:00pm	4/11 Protein: Cheese & Milk Fruit & Vegetable: Tomato soup & Fruit Cocktail Grain: Wheat Bread	4/12 Protein: Turkey Dogs & Milk Fruit & Vegetable: Pears & Broccoli Mix Grain: Whole Grain Bun	4/13 Protein: Turkey & Milk Fruit & Vegetable: Apples & Carrots Grain: Whole Wheat bread	4/14 Protein: Sloppy Joe (HM) Turkey & Milk Fruit & Vegetable: Green Beans & Pineapple Grain: Whole Grain Bun
WEDNESDAY @ Mt. Hope 9:00-11:30am 1:30-4:00pm	4/18 Protein: Turkey Burger & Milk Fruit & Vegetable: Oranges & Carrots Grain: Wheat Bun	4/19 Protein: Wow Butter & Milk Fruit & Vegetable: Applesauce & Fresh Broccoli Grain: Wheat Bread	4/20 Protein: Black Beans & Milk Fruit & Vegetable: Mandarin Oranges & Black Olives Grain: Yellow Rice	4/21 Protein: Goulash (HM) Turkey & Milk Fruit & Vegetable: Mixed Veggies & Pears Grain: Pasta
THURSDAY @ Mt. Hope 9:00-11:30am 1:30-4:00pm	4/25 Protein: Sausage & Milk Fruit & Vegetable: Bananas & Blueberries Grain: Whole Grain Waffle	4/26 Protein: Wow Butter & Milk Fruit & Vegetable: Apples & Carrots Grain: Wheat Bread	4/27 Protein: Mac n' Cheese (HM) & Milk Fruit & Vegetable: Applesauce & Peas Grain: Elbow Macaroni	4/28 Protein: Dino Nuggets & Milk Fruit & Vegetable: Pineapple & Asparagus Grain: Wheat Roll

Prepared by Robin Kennedy ☺

Menu is subject to change.

USDA is an equal opportunity provider and employer.

Dear Parents,

Our first objective is to provide a climate for children to develop socially, emotionally, physically and intellectually. We are successful with this objective with the help of you, the parent. As you strive to provide the very best for your child, may we offer a few suggestions that will help your child through his/her early years?

- By your actions and words, **assure your child that you love them.**
- Provide time to **share activities** with your children that are of interest to them.
- **Read to your child.**
- Set a daily **routine** and stick to it as close as possible.
- Make sure he/she gets plenty of **rest** (8-10 hours)
- **Be an example** of what you want your child to be.

Your child is a very important part of your life. She/he demands a lot of your time and talents, and returns all your efforts with one big hug and kiss. Appreciate your child and be assured that you are not alone as you strive to **provide the very best for your child.**

-Kathy Kelly
Director, Family Growth Centers