

# THE FAMILY TREE

A publication of  
The Family Growth Outreach Center

**MAY 2023**

Volume 46, NO. 05



## News from the Family and Community Resource Coordinator

***Family and Community Resource Coordinator section is under construction. More to come!***

### News from the Infant and Toddler Room

HI FRIENDS! May is going to be exciting. We are going to be focusing on vegetables, fruits and nutrition. In the classroom we will play games, do activities, have fun with art and also will have resources to go home all related to nutrition. We will keep our bodies active by sliding, running and dancing. We are also going to plant vegetable seeds and watch them grow. We will use our small motor skills for art and puzzles. It is going to be a BLAST!!! If you have questions, please feel free to reach out to me at [angelabunker@childandfamily.org](mailto:angelabunker@childandfamily.org)

***-Angela Bunker, Infant Toddler Teacher***

### News from the Preschool Room

The month of May is going to be wonderful. We will be digging in soil, planting seeds and discovering what grows! We will read stories and create artwork to learn what we need to give our seeds so they grow into big, beautiful plants. Our classroom will be full of gardening clothes and gardening tools so we can practice our gardening skills through pretend play. Our kitchen area will become a place of mixing and cooking when we use our imagination and foods from the five food groups to create interesting meals. Learn more about plants from the book, "In the Garden: A Counting Book!" <https://youtu.be/Is6FvlfBT4>

***-Linda Whitney, Preschool Teacher***

## WHAT IS THE FAMILY GROWTH OUTREACH CENTER?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Outreach Center** is a program of **Child Abuse Prevention Services**, a department of **Child and Family Charities**.

**For more information on childcare call (517) 371-1347.**

***During non-FGC hours please leave a message.***



**Tuesday – Wednesday – Thursday**

**549 E Mt. Hope**

**Lansing, MI. 48910**

# MAY 2023 Family Growth Outreach Center Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>01</b> <b>Outreach Center:</b> 8:00am – 4:00pm	<b>02</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>03</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>04</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>05</b> <b>Outreach Center:</b> 8:00am – 4:00pm
<b>08</b> <b>Outreach Center:</b> 8:00am – 4:00pm	<b>09</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>10</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon: CLOSED</b> Food distribution at Church lot 1pm-3pm	<b>11</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>12</b> <b>Outreach enter:</b> 8:00am – 4:00pm
<b>15</b> <b>Outreach Center:</b> 8:00am – 4:00pm	<b>16</b> <b>Outreach Center:</b> 1:30pm – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>17</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>18</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>19</b> <b>Outreach Center:</b> 8:00am – 4:00pm
<b>22</b> <b>Outreach Center:</b> 8:00am – 4:00pm	<b>23</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>24</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>25</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>26</b> <b>Outreach Center:</b> 8:00am – 4:00pm
<b>29</b> <b>Outreach Center:</b> 8:00am – 4:00pm	<b>30</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>31</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>01</b> <b>Outreach Center:</b> 8:00am – 4:00pm <b>Childcare Sessions:</b> <b>Morning:</b> 9:00am-11:30am <b>Afternoon:</b> 1:30pm–4:00pm	<b>02</b> <b>Outreach Center:</b> 8:00am – 4:00pm

WEEK 1	WEEK 2	WEEK 3	WEEK 4
<b>Protein</b> Deli Chicken & Milk	<b>Protein</b> Cottage Cheese & Milk	<b>Protein:</b> Cheddar Cheese Squares & Milk	<b>Protein:</b> Turkey Sausage & Milk
<b>Fruit &amp; Vegetable:</b> Green Apple & Cucumber	<b>Fruit &amp; Vegetable:</b> Strawberries & Asparagus	<b>Fruit &amp; Vegetable:</b> Blueberries & Green Bean	<b>Fruit &amp; Vegetable:</b> Applesauce & Sweet Potato
<b>Grain:</b> Whole Wheat Crackers	<b>Grain:</b> Whole Wheat Bagels	<b>Grain:</b> Whole Wheat Crackers	<b>Grain:</b> Whole Wheat Waffles

This institution is an equal opportunity provider and employer.

Menu is subject to change.