



Through 6 divisions
and 28+ programs...

We invite you to
visit our website
childandfamily.org

In 2021, Child and Family Charities helped over 15,000 abused, neglected and at-risk children, youth and families locally through our programs and services. Your support is vital to our success.

Angel House Division is a foster care residential program that provides wrap around support, independent living and parenting skills as well as community resources, and relationship-building for pregnant and parenting teen mothers and their babies.

Behavioral Health Division offers mental health counseling, emotional health therapy, and substance use disorder therapy for children, adolescents, adults and families and many more programs within the community. Additionally, CFC provides the Mid-Michigan Trauma Collaborative.

Child Abuse Prevention Services Division provides the Family Growth Center respite child care program, leads the Children’s Trust Fund local council, provides Medicaid Outreach, and administers the Make a Change! nutrition and physical activity program supported by the Michigan Fitness Foundation.

Child Welfare Division provides foster care and adoption, licensing and recruitment of foster homes and families and supervised visitation. This critically needed service provides support for families of origin, foster families and adoptive families—ensuring safe and loving homes for abused, neglected and vulnerable children and youth.

Gateway Youth Services Division provides services to homeless, traumatized and at-risk youth through Street Outreach, the Kevin J. Moody Youth Home shelter & residential program, and housing programs for homeless young families and independent youth aging into adulthood. The program also has a 24/7 hotline for youth and families to use in times of crisis.

Juvenile Justice Services Division helps teens through Teen Court avoid formal adjudication, promotes restorative justice, and allows high school teens to volunteer as peer jurors. The T.E.A.M. Truancy Reduction program is designed to help families who are struggling with truancy issues. The Prime For Life and Intensive Case Management programs help at-risk youth overcome challenges. Our Strengthening Family Program helps families become more successful. Other community prevention programs that are a part of this division assist families and youth succeed through adversity.

If you are interested in **foster parenting**, **volunteering**, or **learning** more about our programs, consider signing up for a virtual tour where you will hear from former clients and staff about the effectiveness of our services.



Child and Family Charities
2021 ANNUAL REPORT



517.882.4000



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Lansing, Michigan 48911



www.childandfamily.org

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FROM OUR
CHIEF EXECUTIVE OFFICER
Julie Thomasma, Ph.D.

Dear Friends,

Greetings! We have all experienced and continue to work through concerns related to the pandemic. Our amazing supporters have ensured that our mission continues to evolve and grow with the changing needs of the community. The challenges are many—all time high violence among young people, significant mental health needs, limited affordable housing options, and daycare shortages. It takes all of us coming together to create a sense of safety, supports, and community for everyone to thrive. More than ever, we recognize the importance of investing in young people to make lasting changes that will have an impact for generations to come.

Our staff and board recognize these intense needs in our community. Our timing is critical. We need to respond now. Child and Family Charities is excited to announce our plans to expand our programs and move to one campus that includes a new shelter for homeless youth. By increasing our physical footprint and centralizing our location, we can improve access to our many services and reach even more vulnerable people here in mid-Michigan! Our new campus will be located right in the heart of Lansing, repurposing the west end of McLaren's former Greenlawn campus! This location checked every box—more indoor and outdoor space, central location in Lansing, welcoming neighborhood, and easily accessible to public transportation.

With your support this BIG dream will become a reality! Our capital campaign for this endeavor is called **Be the Light!** I hope you will Be the Light and join us in 2022 to bring light into the lives of those most in need.

In addition, we have more great news to celebrate! In 2021 our agency was enriched through a merger with Child and Family Services of Michigan adding Operation Good Cheer- a 50 year strong program! This program expands our reach to nearly 7,000 children in foster care throughout the state of Michigan, matching children's Christmas wish lists with generous donors.

Child and Family Charities has a 110+ year history of responding to community needs. Our team is invested and ready to do more. I invite you to Be the Light and be part of this amazing journey with us.

I appreciate your support!

Julie Thomasma

Julie Thomasma, Ph. D.

P.S. for more information on the Be the Light capital campaign can be found on page 20 of this Annual Report or at our website at www.childandfamily.org



OUR MISSION

To strengthen and support children, families, and individuals as they evolve and grow in a changing community.

OUR VISION

To be a leader in human services, recognized for excellence in practice, collaboration, and advocacy on behalf of vulnerable populations.

OUR VALUES

TEAMWORK

Work well together to achieve an outcome by valuing each team member's opinion and contribution through effective communication and support.

RESPECT AND DIGNITY

Treat all people with value and worth with awareness for situations and actions that have an impact on them. Truly listen to others and treat people with kindness, courtesy and politeness.

INTEGRITY

Actions are supported with best practices, transparency, thoughtfulness and strong ethics. Be accountable and take ownership for actions.

TRAUMA FOCUSED CARE

Create a space with cultural, emotional and physical safety guided by strength based approaches, choice and empowerment, preparation and collaboration, confidentiality, and empathy.

INCLUSIVITY

Include all people and embrace differences with full acceptance and maintaining a safe and welcoming environment for everyone. This is achieved through self-awareness and a willingness to actively listen, seek to understand and adapt to different needs.

EXCELLENCE

Always strive to exceed expectations and provide outstanding services with evidence-based practices and collaborative approaches.



2021 Program Data Outcomes

GIVING HOPE TO THOUSANDS

Angel House

In 2021 Angel House successfully started the process of transitioning to an Independent Living Program that serves ages 17-21.

- **18** Teen Mothers served
- **12** Infants and Toddlers served
- **5** Teens received emergency shelter placement at Angel House

Behavioral Health

- **131** Individuals served in the clinic
- **69** Individuals received Mental Health Counseling
- **42** Youth and adults received Substance Abuse & Misuse Disorder Screening and/or Treatment
- **20** Children received Mental Health Counseling at our Waverly E3 Clinic
- **20** Children received Mental Health Counseling through Project Peace (Attwood Magnate School)
- **47** Youth and **7** parent/caregivers served through Families Matter! Programming
- **10** Clients served through Collaborative Assessment and Management of Suicidality (CAMS) intervention
- **200+** Staff, foster parents, teachers, etc. received Zero Suicide Training

Mid Michigan Trauma Collaborative

- **100+** Child and Family Charities staff trained in Trauma Informed Care 101 and 102
- Trauma Informed Supervision training delivered to all of CFC management
- **109** Child and Family Charities staff and interns participated in QPR (Question. Persuade. Refer.) Suicide Prevention Gatekeeper Training
- **430** Ingham ISD staff trained in Tips and Techniques for Trauma Triggered Kids
- **80** Ingham ISD staff completed Adverse Childhood Experiences (ACE'S) Training

Child Welfare

- **268** Children served
- **21** Reunifications
- **12** New homes licensed
- **28** Adoption finalizations
- **77** Inquires for foster homes

Child Abuse Prevention Services (CAPS)

- **25** Families and **36** children served through Family Growth Center
- **914** Lunches distributed
- **20** Parents received Medicaid outreach
- **150** SNAP-Ed classes provided
- **213** Families received food or household assistance items
- **4,514** Shoppers received nutrition support and education though our Farmers Market Food Navigator
- **413** People received holiday support and gifts through our Hope for the Holidays program

Gateway Youth Services

- **1,028** Crisis intervention contacts made
- **91** Youth and **28** dependent children in housing (emergency, transitional or rapid rehousing)
- **216** Outreach presentations to local youth

Juvenile Justice

- **59** Youth first time offenders helped in Teen Court
- **115** Youth trained as peer jurors
- **43** Students served in the Truancy Reduction program
- **11** Families participated in Strengthening Families workshops
- **10** Youth participated in Early Intervention groups
- **90** Youth participated in Prime for Life prevention groups (Everett High School)
- **25** Youth and families received intensive case management
- **22** Youth received prevention services through the Positive Pathways program

Operation Good Cheer

- **6,648** Children and youth statewide received gifts for the holidays
- **225** Donors participated in gift giving
- **19,941** Gifts delivered
- **86** Agencies statewide participated
- **150** Flights flown for gift distribution
- **34** Trucking companies participated in distribution

JJ is a sweet and sensitive 17 year old boy who has struggled for years with anxiety and depression.

JJ



JJ is a sweet and sensitive 17 year old boy who has struggled for years with anxiety and depression. His parents and younger sister were a loving haven to him. Because the outside world had been terribly unkind and intolerant towards JJ, he did not want to venture far from the safety of his loving and accepting home. JJ often experienced disregard and even bullying at school. You see, JJ was exploring his sense of self. His non-binary gender identity was not accepted by many students and even some teachers. These bad experiences worsened when he entered high school.

JJ's parents noticed that all of his energy went into just trying to keep his head down and get through the day. JJ's grades suffered and he was at-risk of dropping out of school completely.

That is when JJ's parents encouraged him to begin therapy at Child and Family Charities. He agreed to it reluctantly. JJ's first few sessions with his therapist were awkward and strained. His therapist noted that JJ was guarded and constantly put himself down.

Self-deprecating is typically a self-defense mechanism for those who have been abused and bullied. They put themselves down before others can beat them to the punch.

Over time, JJ began to share his feelings. He talked about his feeling of vulnerability—especially as it related to his appearance and identity. JJ soon found that the more he risked disclosure with his therapist, the more JJ could accept that he was a cool, interesting and intelligent person. When he accept that he also was able to allow himself to feel loved and supported by his family and friends.

JJ started to develop a vocabulary to understand his sensitivity instead of judge it, and the more he was able to realize that this was a unique asset, he appeared to begin to like it, then love it, then celebrate it.

Going to school, facing the meanness of others towards him, overwhelmed JJ. In therapy, his parents and JJ determined online schooling was best for him. Going to school and being around bullies was not the best track for his educational goals.



After being in therapy at CFC for over a year,

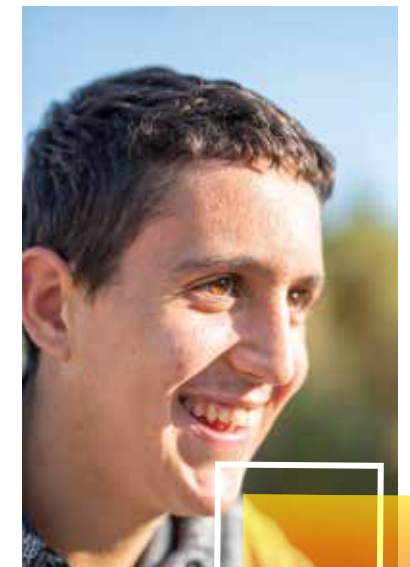
JJ now smiles, laughs, and makes excellent eye contact.

It took time to adjust to online learning, but JJ found that he liked learning better using the online educational platform and even looked forward to class each day.

After being in therapy at CFC for over a year, JJ now smiles, laughs, and makes excellent eye contact. JJ will be graduating high school early next year and wants to go to trade school. He has a few close friends whom he meets to bike, swim, skateboard, and just "hang out" with. He risked dating and endured teen heartbreak when a brief relationship ended. He regrouped and tried again, and for months now has been dating a special someone who appears to equally treasure him.

JJ is a terrific young person who is finally coming into his own and seems to be living the life that he used to think was not meant for him.

He reports that he is no longer experiencing depression and that his anxiety levels are low. JJ graduated from going to therapy weekly to teletherapy sessions with his therapist twice a month! This is not a small feat for a boy who originally did not want to "...go talk to a therapist." JJ's success story seems to have been built on his bravery to risk being vulnerable in developing a healthier relationship with himself and others.



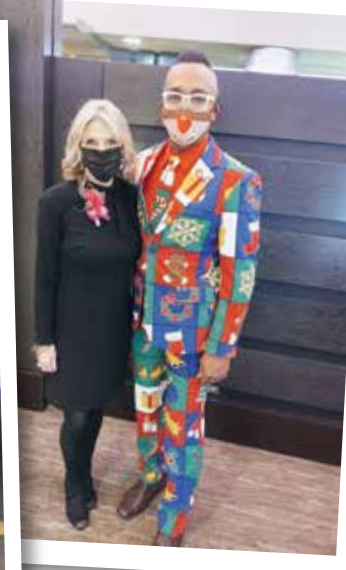
Volunteers

are the heart of Child and Family Charities.

*Whether you are a parent,
caregiver, or have never
worked with children,*

YOU can make a difference

in your community.



INCLUSIVE

OPEN

ACCESSIBLE

WELCOMING

Child and Family Charities strengthens and supports children, families, and individuals as they evolve and grow in a changing community. Our vision is to be a leader in human services, recognized for excellence in practice, collaboration, and advocacy on behalf of vulnerable populations.

childandfamily.org

Looking to volunteer? Contact Emily Marsh, Development Associate, Child and Family Charities



Emily@childandfamily.org



248.392.5310



childandfamily.org/volunteer



To the many donors who supported our mission through
financial contributions during fiscal year 2021.
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wonderful donors, but if we missed you,
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necessary corrections.



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Thank our Igniting Hope Giving Society Members

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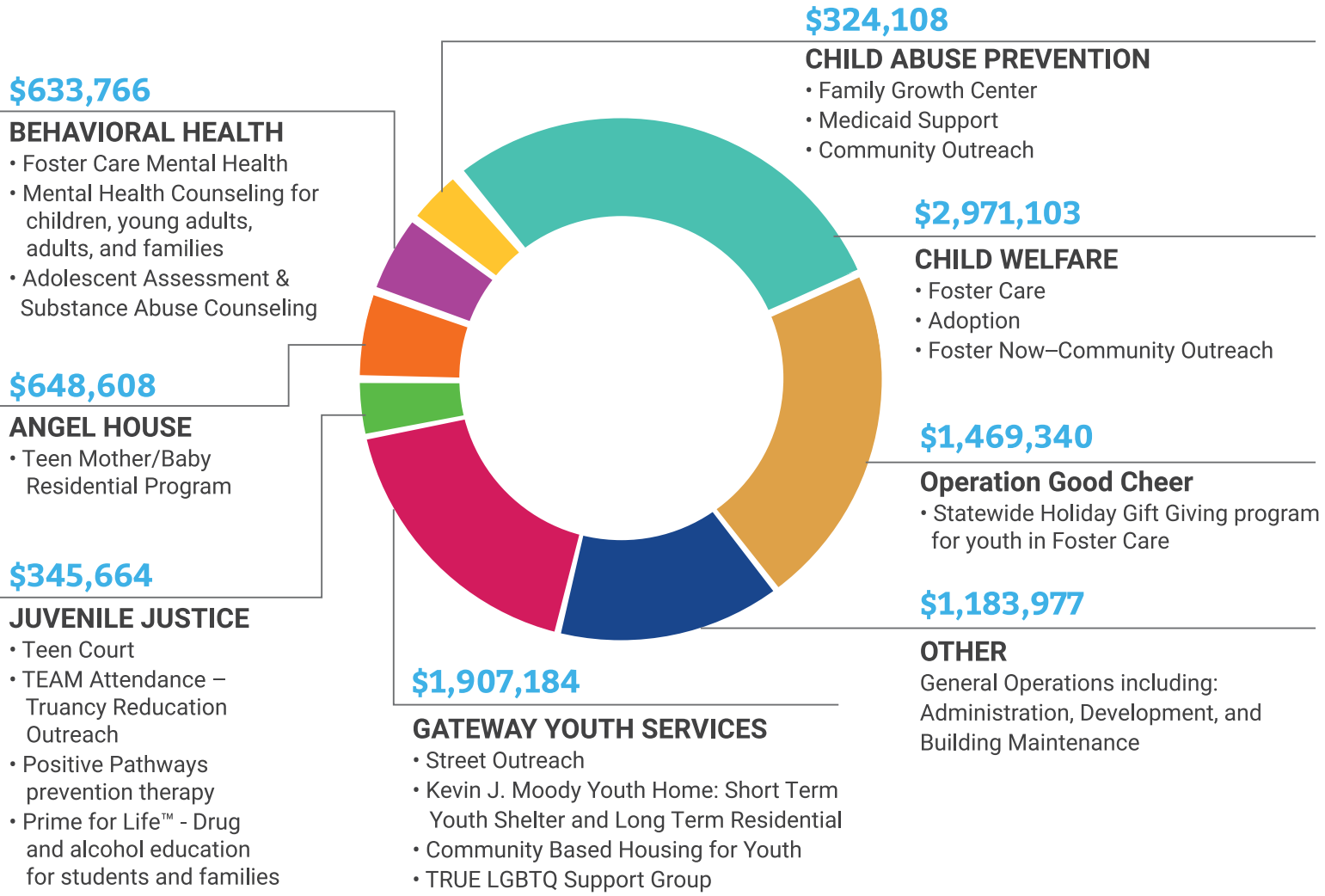
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If you are interested in joining the Igniting Hope Giving Society please contact Demphna Krikorian at demphna@childandfamily.org | 517.816.9139

How Revenue and Support is Distributed

Amounts include Gifts In-Kind such as clothing, infant supplies, toys, rental space, and more!



- America's Preferred Home Warranty, Inc.

America's Preferred Service Contract Administration, Inc.

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2022 Red Nose Ruckus!

Friday, December 2, 2022

VIP Sponsor Cocktail Party 5:00 P.M. General Admission 6:00 P.M. Dinner 6:30 P.M.

PRESENTED BY



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EVENT CO-CHAIR
Jeff Fett
America's Preferred
Home Warranty

Supporting our agency gives
kids and families a fighting
chance at a better future –
filled with hope!

We anticipate over 450 guests to
attend the event this year and look
forward to seeing you and your
guests enjoying the fun!



We invite you to go to childandfamily.org
to find out more about Child and Family
Charities and to register for this
magnificent event!

2022 marks the 16th year of this very successful and important fundraising gala supporting Child and Family Charities. Through 6 departments and 30+ programs, Child and Family Charities ends cycles of abuse and neglect, creates brighter futures for homeless and at-risk youth and provides programs that strengthen families.

2021 CFC AWARDS

STAFF AWARDS

LEADERSHIP AWARDS

Antonio Botello III
Abigail Kipp

YOUTH SPECIALISTS OF THE YEAR

Nancy Goux-Perez
Kayleigh Wells

EXCEPTIONAL SERVICE AWARD

Deonte Rodgers

ABOVE AND BEYOND AWARD

Michelle Kingsley

THE NEW EMPLOYEE WITH DISTINCTION AWARDS

Quinn Clifton-O'Donnell
Evan Godfrey

UNSUNG HERO

Morissa Sahutske

2021 Red Nose Ruckus Awards

Child and Family Charities
2021 Extend Your Reach Award



Child and Family Charities
2021 Resilience Hero Award



Debra Wright
Mary Corrigan

Child and Family Charities
2021 Resilience Award



Natali Rose



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CFC18860 05/21

BUILDING BRIGHTER FUTURES TOUR

PROGRAM FOR YOUTH



Want to learn more about Child and Family Charities?

Attend or Host

a Building Brighter Futures Tour! Our Visionary leader, tour guide, past clients and staff will take you on a 1-hour informational tour where you will get an inside look at the services Child and Family Charities provides to the community.

Past participants have called the experience **inspirational**, **highly impactful**, **eye-opening** and more!

Tours can be held virtually, at our offices, or at yours! Contact Emily Marsh at emily@childandfamily.org to sign up.

Sponsor A FUNDRAISER



FILL THE BACKPACK

Although we are always in need of school supplies for children and youth who are placed in foster care with us during the school year, The Fill the Backpack School Supply Drive for kids in need runs each year beginning on July 1 through the first week of August.

Individuals can help by filling a backpack with items on the list that can be found online at www.childandfamily.org.

Companies & organizations can help by putting out one of our collection boxes and handing out lists to their staff and clients. We use the donations for children and youth in our programs and for those families who work with us who are in need of assistance— because everyone can use a little help sometimes!

For more information on how you can get involved contact Quinn Clifton-O'Donnell at Quinn@childandfamily.org



HOPE FOR THE HOLIDAYS

Let us help make your holiday shopping experience truly life-changing. Celebrate the holiday season by giving hope to a child. You will change the life of a young person through this Gift Giving Program for abused and neglected children living right here in our community. This year, as you begin your Holiday shopping, remember how meaningful it will be to include in your holiday shopping list the name of an abused or neglected child and his/her Holiday wishes. Simply contact our office or go to our website. We will give you and your family the name of a child to "adopt" for the holidays.

We also provide tree tags for organizations and companies to collect for children/youth who are involved in our numerous programs and services. We guarantee your participation will enhance your holiday spirit.

Help a needy child this year—perhaps changing his/her life forever! We also provide Thanksgiving dinners to families in need who are involved in our programs! Please contact us if you or your organization would like to help provide Hope for the Holidays!

For more information on how you can get involved contact Quinn Clifton-O'Donnell at Quinn@childandfamily.org



RED NOSE RUCKUS!

2022 marks the 16th year of this very successful and important fundraising gala supporting Child and Family Charities. Supporting our agency gives kids and families a fighting chance at a better future – filled with hope! We anticipate over 450 guests to attend the event this year and look forward to seeing you and your guests enjoying the fun! For more information on how you can get involved contact Emily Marsh at emily@childandfamily.org



OPERATION GOOD CHEER

This entirely volunteer Christmas gift-giving program, sponsored and coordinated by Child and Family Charities began in 1971 by individuals who wanted to make a difference in the lives of children who reside in foster care. Recipients include infants, children, teenagers and adults with disabilities. Thousands of generous volunteers gather annually to participate in Operation Good Cheer. Donor groups and individuals purchase and wrap Christmas gifts from a child's "Wish List". At donor sites, these gifts are picked up, loaded and transported by volunteer trucking companies and their drivers to a centrally located airport. These pilots and drivers use their aircrafts and vehicles to transport gifts to local airports across Michigan. At each airport, agency volunteers gather the gifts and deliver them to the children and youth in foster care. This impressive display of generosity provides thousands of youth, some of whom would not receive anything otherwise, with gifts and the joy of knowing there are people who care.

For more information on how you can get involved contact Shery Brackenwagen at sherry@childandfamily.org.



CAPITAL AREA MUSTANGS (CAM) BLUE OPAL CAR SHOW

Each year in late summer the Capital Area Mustangs put on a fabulous car show: The Blue Opal Car Show. This event is held in Grand Ledge and is a lot of fun. Thank you to Ray Hilton and his club for your help providing crucial funding support for Gateway Youth Services!



PINS AND PEDALS CHARITY BOWL-A-THON AND BIKE DRIVE SPONSORED BY COLDWELL BANKER HUBBELL BRIARWOOD

Linda and Denny Moore are hosting a fun and lively Bowl-a-thon that is open to competitive and recreational players alike!

Held each year, this must-be-at event is located at Royal Scot in Lansing. Everyone in attendance will enjoy a great DJ, pizza, pop and snacks, a great goodie bag, silent auction, face painting for the kids and fun, fun, fun for the whole family!

For more information about sponsoring the event or to join the festivities with a team, contact Linda Ellsworth-Moore at: Lindaaem@cb-hb.com



Imagine you are a child
without basic needs
such as food, clothing
and shelter or your
home is not a safe place
to live. Imagine you are
a child who has lost the
light in their life.

Throughout the pandemic, Child and Family Charities has been instrumental in helping families stay together and thrive—even in the midst of this national crisis.

We ask that you join us today as we pursue the vision of a comprehensive services campus! Your support will ensure that we will be able to expand our services and our reach and be more readily accessible to those in need both locally and throughout Michigan.

Our goal is to raise an additional 2 million dollars to secure the property for our services to be consolidated onto one campus at the former McLaren Greenlawn site.

With you, together, we will shine a light so that others can have a brighter tomorrow.

HISTORY

What started as a small spark has turned into a significant guiding light for children and families throughout mid-Michigan. For over 110 years, Child and Family Charities has provided hope and vital services to strengthen and support children, teens, and families.

Child and Family Charities ignited as the Ingham County Branch of Michigan Children's Aid. This was in response to orphan trains bringing homeless children to overcrowded cities. Our founders' sole purpose was to secure every child with the same love and opportunities we would want for our children if they were orphaned.

Over the years, Child and Family Charities has expanded to meet the mission of the organization which is to evolve and grow with the changing needs of the community. Our programs include Behavioral Health, Child Abuse Prevention, Child Welfare, Gateway Youth Services, Juvenile Justice, Angel House residential and Mid-Michigan Trauma Collaboration. These programs focus on the mental health and wellbeing of local families, youth, and children.

THE PLAN

Together, with your help, we will brighten the path for all who come to Child and Family Charities for assistance at times of crisis and need.

The plan is to move the agency onto one centrally located campus. This will promote continuity of services between programs for those most vulnerable and provide for their needs in one easy to reach location.

Our vision is to be a leader in human services, recognized for excellence in practice, collaboration and advocacy on behalf of vulnerable populations.

You can Be the Light for children, youth and families by joining us today!

THE NEED

Child and Family Charities honors and deeply appreciates those who make contributions to our life-changing services. Pledges to the Be the Light campaign may be designed for personalized recognition, to honor a friend or loved one, or to recognize a business or organization.

Our goal is to raise a total of \$11.5 million!

Naming rights of designated locations at the new Child and Family Charities at the new Child and Family Charities' facilities are also available.

LEVELS OF GIVING

Torch: \$500,000+
Blaze: \$250,000 - \$499,000
Flame: \$100,000 - \$249,000
Sunbeam: \$35,000 - \$99,000

Flicker: \$20,000 - \$34,000
Ember: \$5,000 - \$19,000
Spark: \$1,000 - \$4,900
Ignite: \$10 - \$900

Contact Demphna Krikorian, Senior Director of Development,
at 517-816-9139 or demphna@childandfamily.org
for more information.

Ignite a Spark of Hope!



At America's Preferred Home Warranty (APHW), we celebrate and support the efforts of **Child and Family Charities**, and we invite you to join us with your own Spark of Hope.

When a child or teen has a dangerous or abusive home life, most don't know where to turn. Many try to survive on the streets in poverty, and desperation can lead to sickness, fear, drugs, imprisonment, or worse.

But you can spark hope.

Child and Family Charities offers so many resources to help children, at-risk youth, and families in the mid-Michigan area. This organization provides a full spectrum of support to over 7,000 children, youth and families each year, from working with foster parents to distributing food, and providing beds to sleep in, clothing, basic life necessities, and much more.

Whether you donate time, money, or supplies, you are sparking hope.

Visit ChildandFamily.org today to learn how your Spark of Hope could light someone's way.

"Child and Family Charities works very hard at taking care of disrupted families and children, kids who are out there with nobody—It just touches my heart."

- Randy Caltrider
President, APHW

Child and Family Charities Announces Merger of Child and Family Services of Michigan, INC, Operation Good Cheer



In 2021, we announced that Child and Family Services of Michigan, best known for their program Operation Good Cheer, will be joining Child and Family Charities. Child and Family Services of Michigan has been a nonprofit organization in the community for over 100 years, providing services to children and families in need of support. Most recently, the organization has focused their efforts on Operation Good Cheer, a program that provides holiday gifts for over 7,500 children in foster care in Michigan. This year, 2021, marks the 50th anniversary of Operation Good Cheer statewide. Child and Family Charities is thrilled to add this prestigious program to our numerous services that assist children, youth and families.

"We are grateful for this successful merger to take place. Child and Family Charities' mission is to evolve and grow with the changing needs of our community. Operation Good Cheer increases our reach to serve all of Michigan. Child and Family Charities will provide Operation Good Cheer the support it deserves to expand services to children and youth throughout our state. With a rich history of working together, I believe this merger will allow us to continue to leverage strong support for our growing programs and services."

Julie Thomasma, Ph. D., CEO of Child and Family Charities.

Through the support we will receive from a larger organization like Child and Family Charities, I believe Operation Good Cheer can reach more children and youth in Michigan. Our vision for Operation Good Cheer is to see it grow to include additional support for children statewide. We appreciate the continued backing of our key stakeholders and others who understand the importance of our program and for putting their trust in us, bringing joy and hope to thousands of children every year.

Sherry Brackenwagen, Administrative Director of Child and Family Services of Michigan

**We are excited to add
Operation Good Cheer
to our programs and services!**



Child and Family
Services of Michigan, Inc.

