

THE FAMILY TREE

A publication of The Family Growth Center

APRIL 2023

Volume 46, NO. 04



News from the Family and Community Resource Coordinator

Hello friends- I hope you are all enjoying the sun peeking out more! I can't wait for sunnier days and warmer weather. I wanted to let you all know that April 13th will be my last day at Family Growth Center. I will miss all of my friends so much! Seeing all your smiling faces and talking and playing with you is always my favorite part of every day. Parents- Please continue to use Family Growth Center as a resource. We have received funding to increase our outreach and resources so we can continue to support you. We can help with basic needs, diapers, wipes, cleaning products, food and personal hygiene. Just reach out to any Family Growth Center staff for assistance. Thank you, families for sharing your wonderful children with me and allowing me to be a part of your lives. I will forever be grateful for our time together. 😊 Love... ***Ms. Rachel Prosen, Family and Community Resource Coordinator***

News from the Infant and Toddler Room

HI EVERYONE!!! April has arrived and I am so very excited. I am looking forward to flowers and green grass. We will have lots of fun doing art and coloring and painting. We also plan to talk a lot about keeping our bodies safe and what that means at an age appropriate level. We are having a CARNIVAL NIGHT on April 12th from 5p to 7p here at the center, more details to follow this month, but I hope everyone will join us. It will be SO MUCH FUN!!! In addition, we are going to be going to the capitol downtown on April 18th from 10:30am to 12:00 noon for Child Abuse Prevention Month, please join us to plant our pinwheel garden together. If you have questions, please feel free to reach out to me at angelabunker@childandfamily.org. ***-Angela Bunker, Infant Toddler Teacher***

News from the Preschool Room

April showers bring May flowers! This month we will continue to add leaves to our classroom tree as Spring has officially arrived and learn more about Spring through reading! The children will find a construction zone in the classroom with a variety of tools, a tool bench, and building materials. We will be using our large motor skills to move building materials, fine motor skills to turn screws and bolts, and our imaginations to be creative builders on the noisy construction site! Here's a link with ideas how to use recyclable materials at home, <https://busytoddler.com/recycled-building/>. I hope to see you and your family at Carnival Night and CAPS Day! Share your thoughts, questions, and concerns with me at linda@childandfamily.org.

-Linda Whitney, Preschool Teacher

WHAT IS THE FAMILY GROWTH CENTER?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, a department of **Child and Family Charities**.

For more information on childcare call (517) 371-1347. During non-FGC hours please leave a message.



Tuesday – Wednesday – Thursday

549 E Mt. Hope

Lansing, MI. 48910

APRIL 2023 Family Growth Center Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 Outreach Center: 8:00am – 4:30pm	04 Outreach Center: 8:00am – 4:30pm Childcare Sessions: <u>Morning:</u> 9 – 11:30am <u>Afternoon:</u> 1:30 – 4pm	05 Outreach Center: 8:00am – 4:30pm Childcare Sessions: <u>Morning:</u> 9 – 11:30am <u>Afternoon:</u> 1:30 – 4pm	06 Outreach Center: 8:00am – 4:30pm Childcare Sessions: <u>Morning:</u> 9 – 11:30am <u>Afternoon:</u> 1:30 – 4pm	07 Outreach Center: 8:00am – 4:30pm
10 Outreach Center: 8:00am – 4:30pm	11 Outreach Center: 8:00am – 4:30pm Childcare Sessions: <u>Morning:</u> 9 – 11:30am <u>Afternoon:</u> 1:30 – 4pm	12 Outreach Center: 8:00am – 4:30pm Childcare Sessions: <u>Morning:</u> 9 – 11:30am <u>Afternoon:</u> CLOSED Food bank at Church parking lot 1pm-3pm Carnival Night 5pm-7pm 	13 Outreach Center: 8:00am – 4:30pm Childcare Sessions: <u>Morning:</u> 9 – 11:30am <u>Afternoon:</u> 1:30 – 4pm	14 Outreach Center: 8:00am – 4:30pm
17 Outreach Center: 8:00am – 4:30pm	18 Outreach Center: 8:00am – 4:30pm Childcare Sessions: <u>Morning:</u> CLOSED (CAPS day) <u>Afternoon:</u> AT THE CAPITOL Please join us!	19 Outreach Center: 8:00am – 4:30pm Childcare Sessions: <u>Morning:</u> 9 – 11:30am <u>Afternoon:</u> 1:30 – 4pm	20 Outreach Center: 8:00am – 4:30pm Childcare Sessions: <u>Morning:</u> 9 – 11:30am <u>Afternoon:</u> 1:30 – 4pm	21 Outreach Center: 8:00am – 4:30pm
24 Outreach Center: 8:00am – 4:30pm	25 Outreach Center: 8:00am – 4:30pm Childcare Sessions: <u>Morning:</u> 9 – 11:30am <u>Afternoon:</u> 1:30 – 4pm	26 Outreach Center: 8:00am – 4:30pm Childcare Sessions: <u>Morning:</u> 9 – 11:30am <u>Afternoon:</u> 1:30 – 4pm	27 Outreach Center: 8:00am – 4:30pm Childcare Sessions: <u>Morning:</u> 9 – 11:30am <u>Afternoon:</u> 1:30 – 4pm	28 Outreach Center: 8:00am – 4:30pm

WEEK 1	WEEK 2	WEEK 3	WEEK 4
Protein Deli Turkey & Milk Fruit & Vegetable: Bananas & Carrots Grain: Whole Wheat Tortilla	Protein Hummus & Milk Fruit & Vegetable: Apples & Cucumbers Grain: Whole Wheat Crackers	Protein: Cheddar Cheese Cubes & Milk Fruit & Vegetable: Peaches & Broccoli Grain: Whole Wheat Banana Bread	Protein: Black Beans & Milk Fruit & Vegetable: Kiwi & Lettuce Grain: Brown Rice

Menu is subject to change. This Institution is an equal opportunity provider and employer.

Prepared by Staff

