

# THE FAMILY TREE

A publication of The Family Growth Center

**FEBRUARY 2023**

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## **News from the Infant and Toddler Room**

WELCOME TO FEBRUARY! This month is going to be filled with snow, fingers crossed. Keep in mind, if the Lansing School District is closed due to inclement weather we are also closed for childcare. I hope to bring snow in to the classroom this month and let the children enjoy a little bit of winter, inside. It's going to be a blast! We will use our large motor skills as we jump, climb, run, crawl and explore the room. I will have carpets squares to jump to and from and crawl over. We will also be using hearts for art this month. Check out the art wall in the classroom when you get a chance. If you have questions, please feel free to reach out to me at [angelabunker@childandfamily.org](mailto:angelabunker@childandfamily.org).

-Angela Bunker, Infant Toddler Teacher

## **News from the Preschool Room**

Hello to February! Our post office will open this month in our pretend play area! The children are interested in a variety of writing activities so we will fill up the post office with stamps, writing tools (crayons, pencils, markers), cards, envelopes, and a REAL mailbox! I will be putting together a writing activity pack for each family so the children can explore and enjoy writing at home too! You may have heard your child talk about our new Motor Room. We begin each session in the motor room where preschool friends can use their large motor skills (run, jump, crawl, climb) and their small motor skills (puzzles, drawing, block building, scooping, pouring). The children are enjoying this extra space to play with friends and get their wiggles out! Please reach out to me with thoughts, questions, and/or concerns at [linda@childandfamily.org](mailto:linda@childandfamily.org)

-Linda Whitney, Preschool Teacher

## **News from the Family and Community Resource Coordinator**

Happy February friends! There is so much to look forward to in the next couple months. Groundhog Day is coming up on February 2nd. I wonder if spring will come early? We have had so many new friends joining us at FGC. We are always excited to have new families. Please continue to tell your friends how much fun we have at the Family Growth Center. We continue to have resources to help our families. If you need help with basic needs, diapers and wipes, formula or various other things, please reach out to one of us and we can offer you support. We are always here to listen and assist you and your family however we can. Lastly, there is a mobile food distribution happening at the Bethlehem Lutheran Church (building FGC is in) every 2<sup>nd</sup> Wednesday of the month from 100p to 300p. As always if you have questions or need anything that we can help you with please feel free to reach out to me at [rachelprosen@childandfamily.org](mailto:rachelprosen@childandfamily.org)

-Rachel Prosen, Family and Community Resource Coordinator

## **WHAT IS THE FAMILY GROWTH CENTER?**

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**.

For more information on childcare call (517) 371-1347.

**DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE**



**Tuesday – Wednesday – Thursday**

**549 E Mt. Hope**

**Lansing, MI. 48910**

# FEBRUARY 2023 Family Growth Center Calendar

| TUESDAY  | WEDNESDAY  | THURSDAY   |
|--|--|--|
| <b>31</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: 130pm – 400pm | <b>01</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: 130pm – 400pm | <b>02</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: 130pm – 400pm |
| <b>07</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: 130pm – 400pm | <b>08</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: <b>CLOSED</b> | <b>09</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: 130pm – 400pm |
| <b>14</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: 130pm – 400pm | <b>15</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: 130pm – 400pm | <b>16</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: 130pm – 400pm |
| <b>21</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: 130pm – 400pm | <b>22</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: 130pm – 400pm | <b>23</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: 130pm – 400pm |
| <b>28</b><br><b>FAMILY GROWTH CENTER CLASSROOMS</b><br>Drop In: 900am – 1130am<br>Drop In: 130pm – 400pm |  |  |

| Week 1   | Week 2  | Week 3   | Week 4   | Week 5  |
|--|---|--|--|---|
| <b>Protein:</b> Deli Chicken Meat & Milk<br><b>Fruit &amp; Vegetable:</b> Mangos & Peas<br><b>Grain:</b> Whole Wheat Bread | <b>Protein:</b> Black Beans & Milk<br><b>Fruit &amp; Vegetable:</b> Tomato & Lettuce<br><b>Grain:</b> Whole Grain Tortilla shells | <b>Protein:</b> White Cheddar Cheese & Milk<br><b>Fruit &amp; Vegetable:</b> Pineapple & Red Peppers<br><b>Grain:</b> Whole Wheat Crackers | <b>Protein:</b> Turkey Breakfast Sausage<br><b>Fruit &amp; Vegetable:</b> Blueberries & Cauliflower<br><b>Grain:</b> Whole Wheat Waffles | <b>Protein:</b> Ground Turkey & Milk<br><b>Fruit &amp; Vegetable:</b> Pears & Asparagus<br><b>Grain:</b> Whole Wheat Spaghetti Noodles (HM) Spaghetti Sauce |

Prepared by Staff ☺

**Menu is subject to change.**

**This Institution is an equal opportunity provider and employer.**

