

# THE FAMILY TREE

A publication of The Family Growth Center

**DECEMBER 2022**

Volume 45, NO. 12



## **News from the Infant and Toddler Room**

ITS DECEMBER!! This is a short month for care so get your spot early each Thursday/Friday so you can get the much-needed break this month. We will be using music and books in the classroom this month to enhance the literary experience. We will also dance, jump and use our large motor skills to move our bodies. In addition, we will have frozen treasures to find for the older toddlers to can use the sensory table. We will use our small motor skills by doing puzzles, coloring and using glue on paper. It's going to be so very fun. I look forward to seeing everyone and spending time with all of my friends. If you have questions, please feel free to reach out to me at [angelabunker@childandfamily.org](mailto:angelabunker@childandfamily.org).

-Angela Bunker, Infant Toddler Teacher

## **News from the Preschool Room**

Hello December! Let it snow, let it snow, let it snow! As the weather changes and what we wear changes, there will be hooks in the hallway across from our classroom for coats. I'll be asking the children to put their mittens in their hat, their hat in the sleeve of their jacket, and hang backpacks and jackets on hooks. **Please bring a pair of shoes** to change into as we do wear shoes in our classroom and in the bathroom. We will be reading a variety of books about winter, adding snowflakes to our classroom tree, learning about what animals do in the winter, and discovering what happens to water when it freezes and thaws. The children are very interested in writing, drawing, and all the activities in the art center. I will be including a variety of fine motor activities in our classroom to strengthen hand/finger muscles. Please reach out to me with thoughts, questions and/or concerns at [linda@childandfamily.org](mailto:linda@childandfamily.org). Here's a link for activities at home:

<https://teaching2and3yearolds.com/55-ways-strengthen-fine-motor-skills-home>

-Linda Whitney, Preschool Teacher

## **News from the Family and Community Resource Coordinator**

I can't believe it's already December. This year has gone by so fast. I hope you're staying warm. I wonder when we will get more snow? December is always such a busy month, make sure you spend time with those you love. This is also the perfect time to do something kind for someone else no matter how small! If you or your family need anything please ask us, remember we are here to help! **AS A NOTE: Please remember that pick up is at 11:30am in the morning and 4pm in the afternoon. We understand that sometimes things happen that may cause you to be late but it is important to pick your child up on time. They are waiting for you and staff need time for lunch or to clean up before they leave for the day. Thank you for your understanding and cooperation with this!**

-Rachel Prosen, Family and Community Resource Coordinator

## **WHAT IS THE FAMILY GROWTH CENTER?**

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**.

For more information on childcare call (517) 371-1347.

**DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE**




**Tuesday – Wednesday – Thursday**

**549 E Mt. Hope**

**Lansing, MI. 48910**

# DECEMBER 2022 Family Growth Center Calendar

TUESDAY	WEDNESDAY	THURSDAY
<b>29</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>30</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>01</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm
<b>06</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>07</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>08</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm
<b>13</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – <b>1100am</b> Drop In: <b>CLOSED – Agency Holiday party</b>	<b>14</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>15</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm
<b>20</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>21</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> <i>Childcare for Holiday Toy Workshop shopping participants only.</i> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>22</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> <b>CLOSED for the Holidays</b> <b>Happy Holidays and Happy New Year to all our FGC Families.</b>
<b>27</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> <b>CLOSED</b>	<b>28</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> <b>CLOSED</b>	<b>29</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> <b>CLOSED</b>

Week 1	Week 2	Week 3	Week 4	Week 5
<b>Protein:</b> Ground Turkey & Milk <b>Fruit &amp; Vegetable:</b> Diced Mangos & Broccoli / (Spaghetti Sauce) <b>Grain:</b> Whole Wheat Spaghetti Noodles	<b>Protein:</b> Chicken Nuggets & Milk <b>Fruit &amp; Vegetable:</b> Peaches & Green Beans <b>Grain:</b> Whole Wheat Bread	<b>Protein:</b> Breakfast Turkey Sausage & Milk <b>Fruit &amp; Vegetable:</b> Blueberries & Sweet Potato <b>Grain:</b> Whole Wheat Waffles or Pancakes	<b>Protein:</b> Cheese Squares/cubes & Milk <b>Fruit &amp; Vegetable:</b> Bananas & Peas <b>Grain:</b> Whole Wheat Crackers	

Prepared by Staff ☺

Menu is subject to change.

This Institution is an equal opportunity provider and employer.