

# THE FAMILY TREE

A publication of The Family Growth Center

**SEPTEMBER 2022**

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## **News from the Infant and Toddler Room**

HELLO FALL!!! I am so very happy. Fall is my favorite season. In our classroom this month we are going to bring the outside – inside. We will have obstacle courses to go through and items to play with. We will have frozen items to play with and explore in the sensory table and we are going to have so much fun. We will use our small motor skills to do puzzles and art. Also, please help me welcome Ms. Linda, the new Preschool Teacher. She is incredible and our preschool friends are going to LOVE being in her classroom. If you have questions, please feel free to reach out to me at [angelabunker@childandfamily.org](mailto:angelabunker@childandfamily.org).

-Angela Bunker, Infant Toddler Teacher

## **News from the Preschool Room**

It has been so wonderful to join the Family Growth Center as the new preschool teacher and meet so many children and families. I appreciate the welcoming smiles and conversations and welcome you into our classroom anytime. The children have begun to discover the engaging center areas in our classroom including The Kitchen, Let's Pretend, Block Area, Reading Nook, Puzzles and Games, Our Meeting Space, and Art Area. The children will have many opportunities to practice small motor skills within each center using writing tools, puzzle pieces, tongs, playdough, and lots more. We will continue to learn about fruits and vegetables with activities and tastings in our Grow it, Try It, Like It curriculum. Watch for fun activity sheets and ideas that you and your child can try at home. Here's a link to MyPlate Match Game: [Interactive MyPlate Match Game](#). Have fun sorting foods into their food groups!

-Linda Whitney, Preschool Teacher

## **News from the Family and Community Resource Coordinator**

I can't believe how fast summer has gone by. Fall is one of my favorite seasons and I can't wait for cooler weather. Hopefully by now you have all met Ms. Linda, our new Preschool Teacher. She is amazing and we are so lucky to have her. She is doing some super cool stuff in the preschool room and has so many fun things planned for our preschool friends. Please remember we are here to help you and your family. We can help with back to school supplies, basic needs, clothing, diapers and various other things. Never hesitate to reach out. Our goal is to grow the family and try to help eliminate some of the stressors of parenting. Please follow our Facebook page, we will often post there if we get big donations of clothing or other items. Thank you so much for bringing your children to FGC, we truly enjoy the time we spend with them watching them grow and learn. You can email me at [rachelprosen@childandfamily.org](mailto:rachelprosen@childandfamily.org) or call 517 371-1347.

-Rachel Prosen, Family and Community Resource Coordinator

## **WHAT IS THE FAMILY GROWTH CENTER?**

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**.

For more information on childcare call (517) 371-1347.

**DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE**



**Tuesday – Wednesday – Thursday**

**549 E Mt. Hope**

**Lansing, MI. 48910**

# SEPTEMBER 2022 Family Growth Center Calendar

TUESDAY	WEDNESDAY	THURSDAY
<b>30</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>31</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>01</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm
<b>06</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>07</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>08</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm
<b>13</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>14</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>15</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: <b>CLOSED</b>
<b>20</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>21</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>22</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm
<b>27</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>28</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>29</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm

Week 1	Week 2	Week 3	Week 4	Week 5
<b>Protein:</b> Cheddar Cheese Cubes <b>Fruit &amp; Vegetable:</b> Strawberries & Peas <b>Grain:</b> Whole Wheat Crackers	<b>Protein:</b> Deli Chicken & Milk <b>Fruit &amp; Vegetable:</b> Peaches & Kale <b>Grain:</b> Whole Wheat Bread	<b>Protein:</b> Yogurt & Milk <b>Fruit &amp; Vegetable:</b> Cantaloupe & Celery <b>Grain:</b> WG Cereal	<b>Protein:</b> Black Beans & Milk <b>Fruit &amp; Vegetable:</b> Green Apples & Crookneck Squash <b>Grain:</b> Rice	<b>Protein:</b> Fish Sticks & Milk <b>Fruit &amp; Vegetable:</b> Plums & Cauliflower <b>Grain:</b> Whole Wheat Crackers

Prepared by Staff ☺

Menu is subject to change.

This Institution is an equal opportunity provider and employer.