

THE FAMILY TREE

A publication of The Family Growth Center

MAY 2022

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News from the Infant and Toddler Room

WELCOME MAY!!! This month we hope to set up and start an indoor vegetable garden. It is going to be very exciting to watch our seeds turn into plants that we will later plant in the garden. Continuing this month, we will be highlighting some safety topics for children and families (like water safety and home/care safety). We will provide resources and social media posts with links. Be on the lookout for these things. This month is FAMILY WELLNESS MONTH! We will promote ways to encourage families to improve communication and make lifestyle changes that promote the emotional, mental and physical health of the entire family. It's going to be so fun!! Please complete the short three question survey when you are dropping off your child(ren) for childcare. I look forward to seeing everyone and the smiling faces this month.

-Angela Bunker, Infant Toddler Teacher

News from the Preschool Room

Hello Everyone! As we are in the process of hiring a new preschool teacher. Ms. Kathy has been so gracious to help us during this transition. It has been wonderful having her back. For now, this paragraph is Under Construction.



News from the Family and Community Resource Coordinator

Hello friends - Happy May - I'm really looking forward to warmer days and summer! We have so many fun things we can do in summer! Stay tuned for safety tips to keep you and your family safe this summer. We have been trying to put out new books in the reception area and new toys in the infant/toddler room for our friends to play with. Keep your eyes open and check out our different things. Also, just as a reminder we are here to help you and your family. We have a free table full of free clothes right now! We can help provide diapers, wipes, basic needs and other necessities. Please never hesitate to ask if you need help! Also, if you have friends that need assistance, send them our way! I truly enjoy seeing all my friends every day. If you haven't come to FGC in a while, please stop by and see us. You can email me at rachelprosen@childandfamily.org or call 517 371-1347.

-Rachel Prosen, Family and Community Resource Coordinator

WHAT IS THE FAMILY GROWTH CENTER?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**.

For more information on childcare call (517) 371-1347.

DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE



Tuesday – Wednesday – Thursday

549 E Mt. Hope

Lansing, MI. 48910

MAY 2022 Family Growth Center Calendar

TUESDAY	WEDNESDAY	THURSDAY
FAMILY GROWTH CENTER CLASSROOMS 03 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 04 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 05 Drop In: 900am – 1130am Drop In: 130pm – 400pm
FAMILY GROWTH CENTER CLASSROOMS 10 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 11 Drop In: CLOSED – STAFF OUT VAC Drop In: CLOSED – STAFF OUT VAC	FAMILY GROWTH CENTER CLASSROOMS 12 Drop In: CLOSED – AGCY STAFF MEETING Drop In: 130pm – 400pm
FAMILY GROWTH CENTER CLASSROOMS 17 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 18 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 19 Drop In: 900am – 1130am Drop In: 130pm – 400pm
FAMILY GROWTH CENTER CLASSROOMS 24 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 25 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 26 Drop In: 900am – 1130am Drop In: 130pm – 400pm
FAMILY GROWTH CENTER CLASSROOMS 31 Drop In: 900am – 1130am Drop In: 130pm – 400pm		

Week 1	Week 2	Week 3	Week 4	Week 5
Protein: Cheese cubes & Milk Fruit & Vegetable: Green Beans & Purple Grapes Grain: WG Crackers	Protein: Deli Turkey Meat & Milk Fruit & Vegetable: Apples & Green Leaf Lettuce Grain: Whole Wheat Pita Pockets	Protein: Chicken salad & Milk Fruit & Vegetable: Blueberries & Peas Grain: Whole Wheat Bread	Protein: Mozzarella Cheese & Milk Fruit & Vegetable: Pineapple & Mushrooms Grain: Whole Wheat English Muffins (MINI PIZZA'S)	Protein: Tuna Salad & Milk Fruit & Vegetable: Mandarin Oranges & Zucchini Grain: Whole Wheat Crackers

Prepared by Staff ☺

Menu is subject to change.

This Institution is an equal opportunity provider and employer.