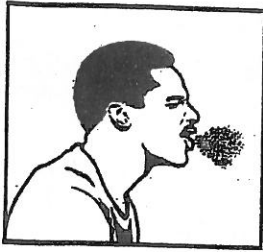


# Tuberculosis Facts – TB Can Be Treated

## What is TB?



"TB" is short for a disease called tuberculosis. TB is spread through the air from one person to another. TB germs are passed through the air when someone who is sick with TB disease of the lungs or throat coughs, speaks, laughs, sings, or sneezes. Anyone near the sick person can breathe TB germs into their lungs.

TB germs can live in your body without making you sick. This is called **latent TB infection**. This means you have only inactive (sleeping) TB germs in your body. The inactive germs cannot be passed on to anyone else. However, if these germs wake up or become active in your body and multiply, you will get sick with TB disease.

When TB germs are active (multiplying in your body), this is called **TB disease**. These germs usually attack the lungs. They can also attack other parts of the body, such as, the kidneys, brain, or spine. **TB disease** will make you sick. People with TB disease may spread the germs to people they spend time with every day.

If the TB disease is in your lungs, you may:

- ☐ cough a lot,
- ☐ cough up mucus or phlegm ("flem"),
- ☐ cough up blood, or
- ☐ have chest pain when you cough.

You should always cover your mouth when you cough!

If you have TB disease, you may also:

- ☐ feel weak,
- ☐ lose your appetite,
- ☐ lose weight,
- ☐ have a fever, or
- ☐ sweat a lot at night.

These are symptoms of TB disease. These symptoms may last for several weeks. Without treatment, they usually get worse.

If you get TB disease in another part of the body, the symptoms will be different. Only a doctor can tell you if you have TB disease.



# DRUG GUIDE FOR PARENTS: LEARN THE FACTS TO KEEP YOUR TEEN SAFE



| Street Names / Commercial       | Alcohol                                                                                                         | Cocaine/Crack                                                                                                      | Cough Medicine/DXM                                                                                                         | Ecstasy/MDMA                                                                                                                  | Heroin                                                                                                      | Inhalants                                                                                                                                                                           | Marijuana                                                                                                                                                              | Methamphetamine                                                                                                                                              | Prescription Pain Relievers                                                                             | Prescription Sedatives and/or Tranquilizers                                                                                                                           | Prescription Stimulants                                                                                                                       | Steroids                                                                                                                          | Tobacco                                                                                                                     |
|---------------------------------|-----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| <b>Looks Like</b>               | Booze<br><br>Liquid (types include beer, wine, liquor)                                                          | Big C, Blow<br>Bump, Coke, Nose<br>Candy, Rock, Snow<br><br>White crystalline powder, chips, chunks or white rocks | Dex, Red Devils,<br>Robo, Triple O,<br>Tussitt, Suttie,<br>Syrup<br><br>Liquid, pills,<br>powder, gel caps                 | Adam, Bean, E,<br>Roll, X, XTC<br><br>Branded tablets (Playboy bunnies, Nike swoosh)                                          | Big H, Black Tar,<br>Dope, Junk,<br>Stunk, Snack<br><br>White to dark brown powder or tan-like substance    | Whippets,<br>Bagging,<br>Huffing, Poppers,<br>Snappers,<br>Dusting<br><br>Paint thinners, glues, nail polish remover, whipped cream aerosol, air conditioner fluid (Freon) and more | Blunt, Boom,<br>Dope Grass,<br>Hitch, Herb, Mary Jane, Pot, Reefer, Stunk, Weed<br><br>A green or gray mixture of dried, shredded flowers and leaves of the hemp plant | Ice, Chalk, Crank, Crystal, Fire, Glass, Meth, Speed<br><br>White or slightly yellow crystal-like powder, large rock-like chunks                             | Codarin, OrCoilin (by O.C.), Percocet (Perc.), Vicodin (Vic), Vitamin H<br><br>Tablets and capsules     | Mebaral,<br>Qualaludes, Xanax, Valium<br><br>Multi-colored tablets and capsules; some can be in liquid form                                                           | Adferall, Dorethane, Ritalin<br><br>Tablets and capsules                                                                                      | Juice, Rhoids, Slackers, Pumpers, Gym Candy<br><br>Tablet, liquid or skin application                                             | Cancer Sticks,<br>Chew Cigarettes,<br>Din Fags, Smokees<br><br>Brown cut up leaves                                          |
| <b>How It's Used/Abused</b>     | Alcohol is drunk                                                                                                | Cocaine can be snorted or injected; crack can be smoked                                                            | Swallowed                                                                                                                  | Swallowed                                                                                                                     | Injected, snorted, freebased or smoked                                                                      | Inhaled through nose or mouth                                                                                                                                                       | Smoked, brewed into tea or mixed into foods                                                                                                                            | Swallowed, injected, snorted or smoked                                                                                                                       | Swallowed or injected                                                                                   | Swallowed, injected or snorted                                                                                                                                        | Swallowed, injected or snorted                                                                                                                | Swallowed, injected                                                                                                               | Smoked or chewed                                                                                                            |
| <b>What Teens Have Heard</b>    | Makes a boring night fun                                                                                        | Keeps you amped up; you'll be the life of the party                                                                | Causes a tummy high with various plateaus                                                                                  | Enhances the senses and you'll love everyone                                                                                  | Full-on euphoria, but super risky                                                                           | A cheap, 20-minute high                                                                                                                                                             | Relaxing, not dangerous and often easier to get than alcohol                                                                                                           | Can keep you going for days                                                                                                                                  | A free high straight from the medicine cabinet                                                          | A great release of tension                                                                                                                                            | Keeps you attentive and focused                                                                                                               | Will guarantee a spot on the starting lineup                                                                                      | An oral fixation and appetite suppressant                                                                                   |
| <b>Dangerous Because</b>        | Impairs reasoning, clouds judgment, long-term heavy drinking can lead to alcoholism and liver and heart disease | Can cause heart attacks, strokes and seizures. In rare cases, sudden death on the first use                        | Can cause abdominal pain, extreme nausea, liver damage                                                                     | Can cause severe dehydration, liver and heart failure and even death                                                          | Chronic heroin users risk death by overdose                                                                 | Chronic exposure can produce significant damage to the heart, lungs, liver and kidneys. Can induce death                                                                            | Can cause memory and learning problems, hallucinations, delusions and depersonalization                                                                                | Chronic long-term use, or high dosages, can cause psychotic behavior (including paranoia, delusions, hallucinations, violent behavior, insomnia and strokes) | A large sample size can cause severe respiratory depression that can lead to death                      | Slows down the brain's activity and when a user stops taking them, there can be a rebound effect, possibly heartbreak, irritability, heart attacks or lethal seizures | Taking high doses may result in dangerously high body temperatures and an irregular heartbeat, irritability, heart attacks or lethal seizures | Boys can develop breasts, girls can develop facial hair and a deepened voice. Can cause heart attacks and strokes                 | Cigarette smoking harms everyone in the body and causes coronary heart disease, and stroke, as well as many forms of cancer |
| <b>Teen Usage (Grades 9-12)</b> | 1 in 2 teens drink alcohol in the last year                                                                     | 1 in 10 teens has abused cocaine or crack in their lifetime                                                        | 1 in 7 teens has abused cough medicine in their lifetime                                                                   | 1 in 8 teens has abused Ecstasy in their lifetime                                                                             | 1 in 20 teens has abused heroin in their lifetime                                                           | 1 in 6 teens has abused inhalants in their lifetime                                                                                                                                 | Nearly 1 in 2 teens has abused marijuana in their lifetime                                                                                                             | 1 in 12 teens has abused methamphetamine in their lifetime                                                                                                   | 1 in 7 teens has abused prescription pain relievers in their lifetime                                   | 1 in 13 12th graders has abused sedatives and/or tranquilizers in their lifetime                                                                                      | 1 in 8 teens has abused Ritalin or Adderall in their lifetime                                                                                 | 1 in 15 teens has abused steroids in their lifetime                                                                               | 1 in 5 teens smoked cigarettes in the last 30 days                                                                          |
| <b>Signs of Abuse</b>           | Slurred speech, lack of coordination, nausea, vomiting, hangovers                                               | Nervous behavior, restlessness, bloody noses, high energy                                                          | Slurred speech, loss of coordination, disorientation, vomiting                                                             | Teeth clenching, chills, sweating, dehydration, anxiety, unusual displays of affection                                        | Track marks on arms, slowed and slurred speech, vomiting                                                    | Missing household products, a drunk, dazed or dizzy appearance                                                                                                                      | Slurred thinking and reaction time, impaired coordination, paranoia                                                                                                    | Nervous physical activity, scabs and open sores, decreased appetite, inability to sleep                                                                      | Medicine bottles present without illness, Rx bottles missing, disorganized eating and sleeping patterns | Slurred speech, shallow breathing, sluggishness, disorientation, lack of coordination                                                                                 | Loss of appetite, increased alcoholism, attention span and energy                                                                             | Rapid growth of muscles, opposite sex characteristics and extreme irritability                                                    | Smell on clothes and hair, yellowing of teeth and fingers that hold cigarettes                                              |
| <b>Important to Know</b>        | Being a child of an alcoholic places children at greater risk for developing alcohol problems                   | Cocaine is one of the most powerfully addictive drugs                                                              | The "high" from cough medicine is caused by ingesting a large amount of dextromethorphan (DXM), a common active ingredient | Can be addictive. A popular club drug because of its stimulant properties which allow users to dance for long periods of time | Below overdose is a particular risk on the street, where the purity of the drug cannot be accurately topped | More than 1000 common products are potential inhalants that can kill on the first use or any time thereafter                                                                        | Contrary to popular belief, marijuana can be addictive                                                                                                                 | Meth has a high potential for abuse and addiction, putting children at risk, increasing crime and causing environmental harm                                 | Abusing prescription painkillers is just as dangerous and deadly as using heroin                        | Using prescription sedatives and tranquilizers with alcohol can slow both the heart and respiration and possibly lead to death                                        | Many teens abuse this prescription medication to help them cram for exams or suppress their appetite                                          | Teens who abuse steroids before the typical adolescent growth spurt risk staying short and never reaching their full adult height | Secondhand smoke contributes to more than 35,000 deaths related to cardiovascular disease                                   |

Find more tools and tips at [www.drugfree.org](http://www.drugfree.org).