

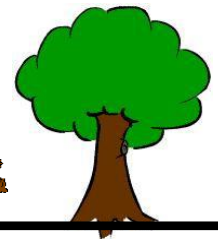


THE FAMILY TREE

A Publication of the Family Growth Center

January 2022

Volume 45, No. 01



News from the Infant and Toddler Room

Hello friends. It's January 2022. This will be a year of positivity. A year where each day we wake up, we appreciate what we have and those we love. This month, once a day try to point out one thing your child has done or is doing that is positive. Encourage them. Build them up. Let's also try to treat everyone we encounter as though we've known them for years. You never know when you will make someone's day with just a simple acknowledgement. I hope to bring some snow into the classroom this month and we will create winter art. We will read books, sing songs and have so much fun! Tell all your friends about our valuable resource and encourage them to come to our center and check it out. Thank you.

-Angela Bunker, Infant Toddler Teacher

News from the Preschool Room

Happy 2022! I hope you all had a wonderful break filled with lots of laughter and fun. This month the preschoolers will be learning more about our adopted cow and what foods are made from milk. We are going to explore the different processes of how foods become what they are, starting from milk. They will, also, get a hands-on experience to make ice cream and watch as it turns from the cream and mixture of ingredients into a more solid form and what they know as ice cream. This month is going to be super fun! I am looking forward to seeing you at the FGC!

- Beth Corcoran, Preschool Teacher

News from the Family and Community Resource Coordinator

I have really enjoyed seeing all of you since I have been back at FGC! I can't believe it is already the end of the year!! I can't wait to see all of you in January, tell your friends about FGC so they can come and play too. Parents, please feel free to call me at FGC or email me rachelprosen@childandfamily.org if you have any needs at the moment. Ms. Angela and Ms. Beth are wonderful resources and we want to make sure you all know that Family Growth Center is here to support you and your family. Happy Holidays and Happy New Year!!

You can email me at rachelprosen@childandfamily.org or call me at the center (517) 371-1347.

WHAT IS THE FAMILY GROWTH CENTER?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**.

For more information on childcare call (517) 371-1347.

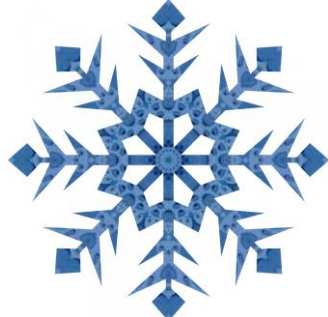
DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE



Tuesday – Wednesday – Thursday
549 E Mt. Hope
Lansing, MI. 48910
(Bethlehem Lutheran Church)

JANUARY 2022 Family Growth Center Calendar

TUESDAY	WEDNESDAY	THURSDAY
FAMILY GROWTH CENTER CLASSROOMS 04 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 05 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 06 Drop In: 900am – 1130am Drop In: 130pm – 400pm
FAMILY GROWTH CENTER CLASSROOMS 11 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 12 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 13 Drop In: 900am – 1130am Drop In: CLOSED STAFF TRAINING
FAMILY GROWTH CENTER CLASSROOMS 18 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 19 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 20 Drop In: 900am – 1130am Drop In: 130pm – 400pm
FAMILY GROWTH CENTER CLASSROOMS 25 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 26 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 27 Drop In: 900am – 1130am Drop In: 130pm – 400pm
FAMILY GROWTH CENTER CLASSROOMS 28 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 29 Drop In: 900am – 1130am Drop In: 130pm – 400pm	FAMILY GROWTH CENTER CLASSROOMS 30 Drop In: 900am – 1130am Drop In: 130pm – 400pm

Week 1	Week 2	Week 3	Week 4	
Protein: Turkey Breakfast Sausage & Milk Fruit & Vegetable: Blueberries & Butternut Squash Grain: Whole Wheat Waffles	Protein: Turkey Hot Dogs & Milk Fruit & Vegetable: Oranges & Broccoli Grain: Whole Wheat Buns	Protein: Cheese Squares & Milk Fruit & Vegetable: Green Apples & Cauliflower Grain: Whole Wheat Crackers	Protein: Black Bean Hummus & Milk Fruit & Vegetable: Avocado & Carrots Grain: Whole Wheat Tortilla	

Prepared by Staff ☺

Menu is subject to change.
This Institution is an equal opportunity provider and employer.