

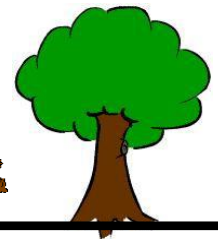


# THE FAMILY TREE

A Publication of the Family Growth Center

**November 2021**

Volume 44, No. 11



## **News from the Infant and Toddler Room**

HAPPY FALL!!! HAPPY THANKSGIVING. We plan to spend the month doing art and coloring and singing and dancing. We will create and do puzzles and have so much fun. We will work on our small motor skills by using crayons, putting puzzle pieces in puzzles and putting shapes in a shape sorter. We will read books on being thankful and many other topics. Thank you for being a part of our village. OH, I ALMOST FORGOT! Our cow has been born and her name is officially Farah Gwendolyn Cecilia, nicknamed Sprinkle. She was born on October 1<sup>st</sup>, 2021 weighing 80 pounds and 31 inches tall. We are happy to welcome her to our family. We will be learning all about her and doing activity sheets and coloring pages about her and other cows.

-Angela Bunker, Infant Toddler Teacher

## **News from the Preschool Room**

Happy November! The weather is finally turning and feeling like Fall. We have been having a blast this past month meeting new friends! Welcome to all our new families, we are so glad you are here. This month we are going to focus on large motor fun. We will be offering activities that will challenge and strengthen the children's ability to run, hop, skip, balance and climb. In the classroom, we will be focusing on taking turns, following directions and having fun while playing games. I look forward to seeing you soon!

-Beth Corcoran, Preschool Teacher

<https://www.surveymonkey.com/r/WMKW5S7> - Parents/caregivers – please complete this survey.

## **NEWS FROM THE DIRECTOR >>>**

Did you know that the Family Growth Center (FGC) has been offering free respite childcare since 1974? Generations of families have benefited from the nurturing care found here, and hundreds of parents have expressed how grateful they are for the service we provide. FGC continues because of our incredible teachers we have who are passionate about working with young children. I want to say thank you to all who have supported the FGC and its continued work. With a special thanks to the Bethlehem Lutheran Church who continue to house the FGC and be a valuable partner in strengthening our families and providing the space to nurture and educate the children. Thank you! Rachel Prosen will be returning to CAPS/FGC. Rachel comes with a wealth of knowledge and she understands the importance of the Family Growth Center. She has been with CAPS Division since 2000! We welcome her back in joining our incredible staff 😊!

## **WHAT IS THE FAMILY GROWTH CENTER?**

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**.

For more information on childcare call (517) 371-1347.

**DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE**



**Tuesday – Wednesday – Thursday  
549 E Mt. Hope  
Lansing, MI. 48910  
(Bethlehem Lutheran Church)**

# NOVEMBER 2021 Family Growth Center Calendar

TUESDAY	WEDNESDAY	THURSDAY
<b>02</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>03</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>04</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm
<b>09</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>10</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>11</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm
<b>16</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>17</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>18</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm
<b>23</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>24</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm	<b>25</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> <b>CLOSED FOR THANKSGIVING</b> <b>ENJOY YOUR FAMILY TIME!</b>
<b>30</b> <b>FAMILY GROWTH CENTER CLASSROOMS</b> Drop In: 900am – 1130am Drop In: 130pm – 400pm		

Week 1	Week 2	Week 3	Week 4	Week 5
<b>Protein:</b> Cod Fish & Milk <b>Fruit &amp; Vegetable:</b> Apples & Green Beans <b>Grain:</b> Long Grain Rice	<b>Protein:</b> Turkey Sausage & Milk <b>Fruit &amp; Vegetable:</b> Dates & Beets <b>Grain:</b> Oatmeal	<b>Protein:</b> Cottage Cheese & Milk <b>Fruit &amp; Vegetable:</b> Oranges & Spinach <b>Grain:</b> Whole Wheat Crackers	<b>Protein:</b> Turkey Meat & Milk <b>Fruit and Vegetable:</b> Carrots & Baked Batatas w/apples <b>Grain:</b> Whole Wheat Buns	<b>Protein:</b> Cheddar Cheese & Milk <b>Fruit and Vegetable:</b> Pears & Peas <b>Grain:</b> Whole Wheat Noodles

Prepared by Staff ☺

Menu is subject to change.  
 This Institution is an equal opportunity provider and employer.