

## Terms & Definitions

**Lesbian:** a female-identified person who is primarily attracted to other women

**Gay:** a male-identified person who is primarily attracted to other men

**Bisexual:** a person who is attracted to both men and women

**Questioning:** a person who is unsure or exploring their sexual and/or gender identity

**Pansexual:** a person who is attracted to all or many gender expressions

**Transgender:** people whose gender identity, expression or behavior is different from those typically associated with their assigned sex at birth

**Ally:** someone who supports LGBTQ rights and recognizes that homo-, bi-, & transphobia are social justice issues

Gateway Community Services is a non-profit organization that has been serving runaway, homeless, and struggling youth and their families in Ingham, Eaton, and Clinton counties



Our mission is to provide essential services to youth and families that both strengthen and empower them to become stable, self-sustaining members of our community. We do this through effective teamwork, leadership, accountability, mutual respect, and compassion.



Gateway Community Services

2875 Northwind Dr.  
East Lansing, MI 48823  
[www.gatewayservices.org](http://www.gatewayservices.org)

## T.R.U.E. Teens Respecting & Understanding Each Other



A Group for  
LGBTQ\* Teens &  
Allies



Affirming the LIVES of  
LGBTQ\* Teens through  
Peer Support

\*Includes pansexual, queer, and other aligned identities

## About T.R.U.E

The mission of T.R.U.E. is to provide a safe space that is free from bullying, homophobia & transphobia for LGBTQ youth and allies ages 14-18.



T.R.U.E. is co-facilitated by two adult mentors skilled in supporting young people as they explore their gender identities/expression and sexual orientation.



What Teens Say about T.R.U.E.

*"I enjoy being able to come in and just be myself and feel really safe ... it's kind of like a second home,"*

*"Teens who are gay are constantly being bullied and told they are wrong. They're told they need to change, they need to be different. When I come to group I feel accepted. I feel appreciated for the person I am, not who I fall in love with. I don't feel judged."*



## More Resources

The Trevor Project  
[www.thetrevorproject.org](http://www.thetrevorproject.org)  
1-866-488-7386

GLSEN: The Gay, Lesbian and Straight  
Education Network  
[www.glsen.org](http://www.glsen.org)

Stop Bullying  
[www.stopbullying.gov](http://www.stopbullying.gov)

The Lansing Association for Human Rights  
[www.lahronline.org](http://www.lahronline.org)

Transgender Michigan  
[www.transgendermichigan.org](http://www.transgendermichigan.org)

Equality Michigan  
[www.equalitymi.org](http://www.equalitymi.org)

## What We Do

This group is a safe place for LGBTQ teens and allies to come together and socialize.

But it's more than that....

Some of Activities include:

- Art Projects
- Valentine's Day Dance
- Pizza Parties
- Marching in the Pride Parade
- Discussing topics selected by the group

## Join Us!

T.R.U.E. group meets on  
**Tuesday at 4:00 pm**

For more information,  
please contact:

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