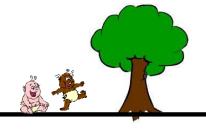
## THE FAMILY TREE

A Publication of the Family Growth Center







January left me wanting more snow!! We hardly had any toward the end and that was super disappointing to me. HA HA! This month we will dance, read stories and paint. We are going to have a lot of blocks out this month. We will have hard blocks, colorful blocks, soft blocks and squishy blocks. We will check out textures and do some imaginative building projects. We will use our large motor skills by throwing balls at and kicking over our block towers. Only then to build them up again for more fun!

February is typically a month of LOVE so please give your families and those you care about a LOT of extra love this month. Show them a smile, give them your time and attention. Point out many of the things you notice they are doing correctly. Be sure to notice when they are kind in return and be grateful. Have a fun month, like us in the classroom where we ALWAYS have fun.

Angela Bunker, Infant Toddler Teacher

## **News from the Preschool Room**

The preschoolers are having fun discovering all the new toys we received from the holidays. We have quite the engineers here at **FGC**. Children are enjoying playing and building with the trains, legos, and wooden blocks.

For February, we are having the children make colorful heart shapes and other valentines to say "I love you" to family. We will be exploring the many colors of paint – with our fingers and paintbrushes! Concrete, hands-on activities and experiences are the best way our children learn.

Here's to a fun February!!

Kathy Kelly, Preschool Teacher

## What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. For more information on childcare call (517) 371-1347.



Our schedule: Mt. Hope FGC

Tuesday-Wednesday-Thursdays-

517-371-1347 549 E. Mt. Hope Lansing, MI 48910 (Bethlehem Lutheran Church)

**DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE** 

## February 2018 Family Growth Center Calendar

Tuesday		Wednesday		Thursday	
Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	1/30	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	1/31	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	2/1
Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	6	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	7	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	8
Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	13	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	14	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	15
Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	20	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	21	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	22
Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	27	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	28	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	3/1

Week 1	Week 2	Week 3	Week 4	Week 5
Protein: Chicken salad & milk Fruit & Vegetable: Seedless grapes & Spinach Grain: Whole wheat bread	Protein: Turkey chunks & milk Fruit & Vegetable: Strawberries & green beans Grain: Crackers	Protein: BBQ chicken in crock pot & milk Fruit & Vegetable: Mangos & mixed veggies Grain: Whole wheat buns	Protein: Hummus & milk Fruit & Vegetable: Peaches & cucumbers Grain: Whole wheat crackers	Protein: Deli turkey meat/roast beef & cheese slices & milk Fruit & Vegetable: Apples & leaf lettuce Grain: Whole wheat bread

Prepared by Staff ©

Menu is subject to change. USDA is an equal opportunity provider and employer.

Remember....if Lansing School District is closed due to inclement weather so is the Family Growth Center. Please drive safely... don't forget to use your seatbelts and have your children in appropriate car seats.