

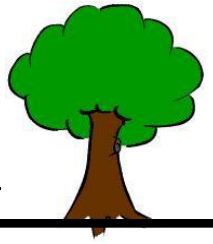


# THE FAMILY TREE

A Publication of the Family Growth Center

**November 2016**

Volume 39, No. 11



## News from the Infant and Toddler Room

We will do art with LEAVES, stickers, glitter, and texture art. In addition we will use our large motor skills and go through tunnels and walk on a (very low) balance beam. Plus jump in and out of circles on the floor. We may even practice our marching!!! We will continue to sing our songs and read books. I hope this month brings us some snow. Bring on WINTER!!!

Angela Bunker,  
Infant/Toddler Teacher

## **Dear Parents,**

Please take 5 minutes and answer this survey for our agency. Your input is important to us, so we can better serve you. Thank you! -Kathy

<https://www.surveymonkey.com/r/DYM57LQ>

## News from the Preschool Room

November is here! The holiday season is quickly approaching! This month we have a vision screening for our preschoolers, Nov 9 @ 9:30a. Call to join our session, or to sign up to come in just for a vision screening, for your preschooler. This month we are going to start learning about healthy eating and the different food groups. See you at the Family Growth Center!

Beth Mannausa,  
Preschool Teacher



## **What is the Family Growth Center?**

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. Reserved childcare is available for children whose parents participate in parent classes at FGC. For more information on childcare call (517) 371-1347. **Parents may use our childcare services twice a week!!**

## **Our schedule:**

### **Mondays-**

**East Lansing FGC**

517-351-6641

1120 S. Harrison

East Lansing, MI 48823

(University United Methodist Church)



### **Tues-Wed-Thursdays**

**Mt. Hope FGC**

517-371-1347

549 E. Mt. Hope

Lansing, MI 48910

(Bethlehem Lutheran Church)

# November 2016 Family Growth Center Calendar

Monday	Tuesday	Wednesday	Thursday
10/31 <b>East Lansing FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	11/1 <b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	11/2 <b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	11/3 <b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm
7 <b>East Lansing FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	8 <b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	9 <b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	10 <b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm
14 <b>East Lansing FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	15 <b>Family Growth</b>	16 <b>Center is</b>	17 <b>closed</b>
21 <b>East Lansing FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	22 <b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	23 <b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	24 <b>Thanksgiving Day -Holiday</b>
28 <b>East Lansing FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	29 <b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	30 <b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	12/1 <b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm

Week 1	Week 2	Week 3	Week 4	Week 5
<b>Grains:</b> Elbow Macaroni <b>Fruit and Vegetable:</b> Peas & Applesauce <b>Protein:</b> Cheese & Milk	<b>Grains:</b> Granola <b>Fruit and Vegetable:</b> Pumpkin & Cranberries <b>Protein:</b> Yogurt & Milk	<b>Grains:</b> Crackers <b>Fruit and Vegetable:</b> Peaches & Pickles <b>Protein:</b> Cheese & Milk <b>EAST LANSING ONLY</b> <b>MT HOPE CLOSED</b>	<b>Grains:</b> Wheat Bun <b>Fruit and Vegetable:</b> Pineapple & Mixed Veggies <b>Protein:</b> Turkey Hot dogs & Milk	<b>Grains:</b> Yellow Rice <b>Fruit and Vegetable:</b> Mandarin Oranges & Salsa <b>Protein:</b> Black Beans & Milk

Prepared by Robin Kennedy ☺

**Menu is subject to change.**  
**USDA is an equal opportunity provider and employer.**