



THE FAMILY TREE

A Publication of the Family Growth Center

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News from the Infant and Toddler Room

January was cold!! Snow finally arrived, but not enough yet. I'll take more!! Ha ha! This month we will dance, read stories and color with markers. We will work on our small motor skills with the markers and some creative art projects. We will also use our large motor skills while dancing and jumping. We will experiment with different textures around the room as well, testing out our sensory abilities. Also, we will be having a **pajama day, Thursday, February 25th**...so wear your pjs. Thank you for spending time with me in my classroom.

Angela Bunker,
Infant/Toddler Teacher



News from the Preschool Room

Morning session: Happy February, FGC families! Even though just being cold doesn't make us sick, we want to make sure that we are dressed appropriately for the weather so that we can stay warm. We will play dress up with our dolls and ourselves this month. We will do buttons, zippers, snaps, and buckles while working on the small and large motor movements of getting dressed. We will focus on the colors white, red and pink this month. You can point out those colors in your environment as you go from place to place this month. As always we will also work on our letters, numbers, shapes, and manners. I look forward to spending time with you this month! Don't forget-Pajama Day on Thursday, Feb. 25th.

Ms. Sun, Morning Preschool Teacher

January was a blast! We welcomed graduates from the toddler room and their transition was very positive. Our circle time has much participation and the children look forward to our sing-a-longs about names, alphabet, and numbers. Because outside time at home is not frequent in winter, we have stepped up our large motor time at preschool. We are building large muscle and body coordination. For fun we will host a Pajama Day on Thursday, February 25th. Relax and keep the kids in their pajamas for preschool!! Staff will participate and you can too!

Ms. Maria, Afternoon Preschool Teacher

What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. Reserved childcare is available for children whose parents participate in parent classes at FGC. For more information on childcare call (517) 371-1347.

Parents may use our childcare services twice a week!!

Our schedule:

Mondays-

East Lansing FGC

517-351-6641

1120 S. Harrison

East Lansing, MI 48823

(University United Methodist Church)



Tues-Wed-Thursdays-

Mt. Hope FGC

517-371-1347

549 E. Mt. Hope

Lansing, MI 48910

(Bethlehem Lutheran Church)

DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE

FAMILY GROWTH CENTER MENU – FEBRUARY 2016

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MONDAYS @ East Lansing 9:00-11:30am 1:30-4:00pm	2/1 Protein: Turkey Burger & Milk Fruit & Vegetable: Mandarin Orange & Carrots Grain: Wheat Bun	2/2 Protein: Corn Dogs & Milk Fruit & Vegetable: Green Beans & Mangos Grain: Corn Dog Breeding	2/3 Protein: Baked Beans & Milk Fruit & Vegetable: Pineapple Grain: Cornbread	2/4 Protein: Goulash (HM)Turkey & Milk Fruit & Vegetable: Brussel Sprouts & Pears Grain: Pasta
TUESDAY @ Mt. Hope 9:00-11:30am 1:30-4:00pm	2/8 Protein: Cheese & Milk Fruit & Vegetable: Tomato soup & Fruit Cocktail Grain: Wheat Bread	2/9 Protein: Turkey Dogs & Milk Fruit & Vegetable: Peaches & Broccoli Mix Grain: Whole Grain Bun	2/10 Protein: Turkey & Milk Fruit & Vegetable: Apples & Carrots Grain: Whole Wheat bread	2/11 Protein: Sloppy Joe (HM) Turkey & Milk Fruit & Vegetable: Green Beans & Pears Grain: Whole Grain Bun
WEDNESDAY @ Mt. Hope 9:00-11:30am 1:30-4:00pm	2/15 Protein: Corn Dogs & Milk Fruit & Vegetable: Green Beans & Mangos Grain: Corn Dog Breeding	2/16 Protein: Goulash (HM)Turkey & Milk Fruit & Vegetable: Brussel Sprouts & Pears Grain: Pasta	2/17 Protein: Black Beans & Milk Fruit & Vegetable: Mandarin Oranges & Tomatoes Grain: Yellow Rice	2/18 Protein: Wow Butter & Milk Fruit & Vegetable: Applesauce & Fresh Broccoli Grain: Whole Grain Bread
THURSDAY @ Mt. Hope 9:00-11:30am 1:30-4:00pm	2/22 Protein: Sausage & Milk Fruit & Vegetable: Bananas & Oranges Grain: Whole Grain Waffle	2/23 Protein: Black Beans & Milk Fruit & Vegetable: Mandarin Oranges & Grain: Yellow Rice	2/24 Protein: Mac n' Cheese (HM) & Milk Fruit & Vegetable: Applesauce & Peas Grain: Elbow Macaroni	2/25 Protein: Dino Nuggets & Milk Fruit & Vegetable: Pineapple & Asparagus Grain: Wheat Roll
	2/29 Protein: Wow Butter & Milk Fruit & Vegetable: Apples & Fresh Broccoli Grain: Wheat Bread	3/1 Protein: Roast Beef & Cheese & Milk Fruit & Vegetable: Peaches & Cucumbers Grain: Whole Wheat Wrap	3/2 Protein: Ground Turkey, Cheese & Milk Fruit & Vegetable: Salsa & Mandarin Oranges Grain: Wheat Tortilla	3/3 Protein: Chicken Salad & Milk Fruit & Vegetable: Oranges & Pickles Grain: Wheat Bread

Prepared by Robin Kennedy ☺

Menu is subject to change.
 USDA is an equal opportunity provider and employer.



Remember....if Lansing or East Lansing School District is closed due to inclement weather so is the Family Growth Center. Please drive safely... please remember to use your seatbelts and have your children in appropriate car seats.

-Kathy Kelly