



THE FAMILY TREE

A Publication of the Family Growth Center

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News from the Infant and Toddler Room

Hello! It's JANUARY! HAPPY NEW YEAR! I hope we get a 50 feet of snow this month! Just kidding! I'll take 25 feet!

I plan to have some snow in the classroom to play with (that is if we EVER get any snow). If possible please bring your child's mittens or gloves so they are able to play with some snow on the inside! Hopefully this month the older children in my classroom will use glitter and glue in on art projects. The younger ones will use glue sticks and confetti. We will also have winter books for reading and discussing. We will continue to run, jump and play all month long. This month some of our older friends will be moving up to the preschool classroom. I will miss them terribly, but I know they are in good hands with our preschool teachers. Any questions or concerns with the transition please feel free to ask me, or the preschool teacher. Have a blessed month.

Angela Bunker,
Infant/Toddler Teacher

News from the Preschool Room

Morning session: Happy January FGC families! Even though just being cold doesn't make us sick, we want to make sure that we are dressed appropriately for the weather so that we can stay warm. We will play dress up with our dolls and ourselves this month. We will do buttons, zippers, snaps, and buckles while working on the small and large motor movements of getting dressed. As always we will work on our letters, numbers, and manners. I look forward to spending time with you this month!

Ms. Sun, Morning Preschool Teacher

Hello from the afternoon preschool room teacher. If you are starting out the New Year with the idea of bringing your child(ren) to the Family Growth Center, this message is my encouragement to do so. Children who visit us spend a few hours in a safe, fun, and enjoyable preschool setting with other children their age and a teacher. We have toys, art, music, and learning experiences available. We emphasize courtesy and kindness to each other by our words, smiles and actions. We welcome all. I look forward to meeting you.

Ms. Maria, Afternoon Preschool Teacher

What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. Reserved childcare is available for children whose parents participate in parent classes at FGC. For more information on childcare call (517) 371-1347.

Parents may use our childcare services twice a week!!

Our schedule:

Mondays-

East Lansing FGC

517-351-6641

1120 S. Harrison

East Lansing, MI 48823

(University United Methodist Church)



Tues-Wed-Thursdays-

Mt. Hope FGC

517-371-1347

549 E. Mt. Hope

Lansing, MI 48910

(Bethlehem Lutheran Church)

DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE

FAMILY GROWTH CENTER MENU – JANUARY 2016

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MONDAYS @ East Lansing 9:00-11:30am 1:30-4:00pm	1/4 Protein: Cheese & Milk Fruit & Vegetable: Oranges & Tomato Soup Grain: Wheat Bread	1/5 Protein: Corn Dogs & Milk Fruit & Vegetable: Green Beans & Mangos Grain: Corn Dog Breeding	1/6 Protein: Pepperoni ,Cheese & Milk Fruit & Vegetable: Pineapple & Fresh Spinach Grain: English Muffins	1/7 Protein: Goulash (HM)Turkey & Milk Fruit & Vegetable: Broccoli & Applesauce Grain: Pasta
TUESDAY @ Mt. Hope 9:00-11:30am 1:30-4:00pm	1/11 Protein: Turkey Burger & Milk Fruit & Vegetable: Mandarin Orange & Spinach Grain: Whole Grain Bun	1/12 Protein: Yogurt & Milk Fruit & Vegetable: Bananas & Blueberries Grain: Cheerios	1/13 Protein: Turkey & Milk Fruit & Vegetable: Apples & Carrots Grain: Whole Wheat bread	1/14 Protein: Sloppy Joe (HM) Turkey & Milk Fruit & Vegetable: Green Beans & Pears Grain: Whole Grain Bun
WEDNESDAY @ Mt. Hope 9:00-11:30am 1:30-4:00pm	1/18 NO SCHOOL Martin Luther King Day	1/19 Protein: Turkey Dogs & Milk Fruit & Vegetable: Peaches & Broccoli Mix Grain: Whole Grain Bun	1/20 Protein: Black Beans & Milk Fruit & Vegetable: Mandarin Oranges & Tomatoes Grain: Yellow Rice	1/21 Protein: Wow Butter & Milk Fruit & Vegetable: Applesauce & Fresh Broccoli Grain: Whole Grain Bread
THURSDAY @ Mt. Hope 9:00-11:30am 1:30-4:00pm	1/25 Protein: Cheese & Milk Fruit & Vegetable: Pears & Pickles Grain: Whole Grain Bread	1/26 Protein: Dino Nuggets & Milk Fruit & Vegetable: Pineapple & Asparagus Grain: Wheat Roll	1/27 Protein: Mac n' Cheese (HM) & Milk Fruit & Vegetable: Applesauce & Peas Grain: Elbow Macaroni	1/28 Protein: Sausage & Milk Fruit & Vegetable: Bananas & Oranges Grain: Whole Grain Waffle

Menu is subject to change.
 USDA is an equal opportunity provider and employer.