



THE FAMILY TREE

A Publication of the Family Growth Center

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News from the Infant and Toddler Room

HELLO! I cannot believe it is already OCTOBER! I can tell Fall is on its way. The leaves are turning colors and it is QUITE brisk in the morning. As I usually say, FALL, FOOTBALL and FUN are in store for us this month! I mean we are not going to play FOOTBALL, but I am going to watch it for sure! GO GREEN! We will play and incorporate some of FALL in to our classroom. I hope to have some art projects for us to go home. Enjoy the month and spend time with your family. Smile at everyone you see.

Angela Bunker,
Infant/Toddler Teacher



News from the Preschool Room

It's getting colder out and the leaves are turning colors. This month we will be focusing on the letters e f g and h, the numbers 5, 10, 2 and 4, the colors red, orange, brown, yellow and green and the shapes, triangle, rectangle, circle and square. I look forward to seeing you. Thank you for coming to learn and play with me!

Ms. Sun, Morning Preschool Teacher

Hello and Welcome! October brings much to our senses. The changing leaves of vibrant colors, that beautiful fall glow from the sun, and the crisp sounds under our feet to name a few. This month we will explore many of these. We will play and have fun learning about numbers, alphabet, and colors.

Ms. Maria, Afternoon Preschool Teacher

What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. Reserved childcare is available for children whose parents participate in parent classes at FGC. For more information on childcare call (517) 371-1347.

Parents may use our childcare services twice a week!!

Our schedule:

Mondays-

East Lansing FGC

517-351-6641

1120 S. Harrison

East Lansing, MI 48823

(University United Methodist Church)



Tues-Wed-Thursdays-

Mt. Hope FGC

517-371-1347

549 E. Mt. Hope

Lansing, MI 48910

(Bethlehem Lutheran Church)

DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE

Family Growth Center OCTOBER 2015

Family Growth Center Sessions	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MONDAYS @ East Lansing 9:00-11:30am 1:30-4:00pm	9/28 Protein: Chicken Salad & milk Fruit & Vegetable: Grapes & Carrots Grain: Wheat Bread	9/29 Protein: Chicken Salad & milk Fruit & Vegetable: Grapes & Carrots Grain: Wheat Bread	9/30 Protein: Chicken Salad & milk Fruit & Vegetable: Grapes & Carrots Grain: Wheat Bread	1 Protein: Chicken Salad & milk Fruit & Vegetable: Grapes & Carrots Grain: Wheat Bread
TUESDAY @ Mt. Hope 9:00-11:30am 1:30-4:00pm	5 Protein: Black Bean and milk Fruit & Vegetable: Tomatoes and Mandarin oranges Grain: Yellow Rice	6 Protein: Cheese and milk Fruit & Vegetable: Carrots and apples Grain: Wheat bread	7 Protein: Turkey Sausage & milk Fruit & Vegetable: Oranges and Bananas Grain: Whole Grain Waffle	8 Protein: Dino Nuggets and milk Fruit & Vegetable: Peaches and Green Beans Grain: Wheat roll
WEDNESDAY @ Mt. Hope 9:00-11:30am 1:30-4:00pm	12 Protein: Baked Beans and milk Fruit & Vegetable: Pears Grain: Corn Bread	13 Protein: Turkey, Cheese & milk Fruit & Vegetable: Red pepper and grapes Grain: Wheat wrap	14 Protein: Turkey dogs and milk Fruit & Vegetable: Broccoli and Peaches Grain: Wheat bun	15 Protein: Wow butter and milk Fruit & Vegetable: Carrots and apples Grain: Wheat bread
THURSDAY @ Mt. Hope 9:00-11:30am 1:30-4:00pm	19 Protein: Pepperoni and milk Fruit & Vegetable: Mushroom & Pineapple Grain: Wheat Crust	20 Protein: Turkey sausage & milk Fruit & Vegetable: Bananas and Oranges Grain: Cheerios	21 Protein: Cheese and milk Fruit & Vegetable: Peas and Applesauce Grain: Macaroni	22 Protein: Black Beans and milk Fruit & Vegetable: Mandarin oranges and tomatoes Grain: Yellow rice
	26 Protein: Sloppy Joe and milk Fruit & Vegetable: Green Beans & Pears Grain: Wheat Bun	27 Protein: Eggs & milk Fruit & Vegetable: Raisins & Blueberries Grain: Oatmeal	28 Protein: Roast beef, cheese & milk Fruit & Vegetable: Apples and carrots Grain: Wheat roll	29 Protein: Yogurt and milk Fruit & Vegetable: Peaches and Bananas Grain: Granola (no nuts)

Menu is subject to change.

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