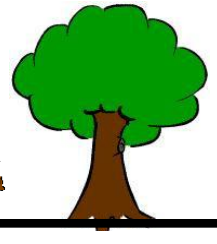




# THE FAMILY TREE

A Publication of the Family Growth Center

**April 2015**  
Volume 38, No. 4



## News from the Infant and Toddler Room

Hi! It's me again! Just kidding...you knew it was me the whole time. Even though it might rain outside this month, we are going to remain bright and cheery inside. We will play balls, build block structures and use large motor skills all month. We will work on our favorite puzzles and read books. Happy Spring!!

Angela Bunker,  
Infant/Toddler Teacher



## News from the Preschool Room

**Morning session:** Happy April FGC families! Warmer weather approaches and it will bring lots of rain with it. We will talk about weather this month. If the weather permits, we may go out to explore and experience springtime in the neighborhood by jumping in puddles and finding budding flowers. How many colors can we find in nature? What words can we think of that rhyme with rain, sun, tree, or grass? A preschooler once said to me, "If 2 are galoshes, what is one? A galosh?" How do I answer that? I know, just use the term "rain boots."

Miss Sun

**Afternoon session:** In April the afternoon preschool children will encourage each other to say please and thank you. We will try to always be mindful of our own feelings and the feelings of those around us. We will do our best to find the many ways we can be helpful, courteous, and friendly.

Our new topic will be Spring!! Spring shows us many new beginnings for plants, animals, and people. Please encourage awareness of new life "springing" out all around.

Miss Maria

## **What is the Family Growth Center?**

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**. Reserved childcare is available for children whose parents participate in parent classes at FGC. For more information on childcare call (517) 371-1347.

**Parents may use our childcare services twice a week!!**

### **Our schedule:**

#### **Mondays-**

**East Lansing FGC**

351-6641

1120 S. Harrison

East Lansing, MI 48823

(University United Methodist Church)



#### **Tues-Wed-Thursdays-**

**Mt. Hope FGC**

371-1347

549 E. Mt. Hope

Lansing, MI 48910

(Bethlehem Lutheran Church)

**DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE**

*Happy Spring!!*

## April 2015 Family Growth Center Calendar

Monday	Tuesday	Wednesday	Thursday
<b>3/30</b>	<b>3/31</b>	<b>4/1</b>	<b>2</b>
<b>East Lansing FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>East Lansing FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>East Lansing FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>East Lansing FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> <b>No AM childcare session</b> <b>Prevention Awareness Day</b> <b>@ Capitol 11-1pm</b> Drop In: 1:30-4:00 pm
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>East Lansing FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	<b>Mount Hope FGC</b> Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm

**Parent Support Groups...**  
**If interested, call (517) 371-1347**

Week 1	Week 2	Week 3	Week 4	Week 5
<b>Grains:</b> Corn dogs <b>Fruit and Vegetable:</b> Fruit cocktail & peas <b>Protein:</b> Hotdog & milk (Skim & D)	<b>Grains:</b> Wheat bread <b>Fruit and Vegetable:</b> Mandarin oranges & green beans <b>Protein:</b> Chicken salad & milk (Skim & D)	<b>Grains:</b> Wheat bread <b>Fruit and Vegetable:</b> Apple slices & carrots <b>Protein:</b> Cheese & milk (Skim & D)	<b>Grains:</b> English muffin pizzas <b>Fruit and Vegetable:</b> Strawberries & mushrooms <b>Protein:</b> Turkey pepperoni & milk (Skim & D)	<b>Grains:</b> Crackers <b>Fruit and Vegetable:</b> Red grapes & carrots <b>Protein:</b> Cheese slices & milk (Skim & D)

**Menu is subject to change.**  
**USDA is an equal opportunity provider and employer.**